



**SPORT
IRELAND**



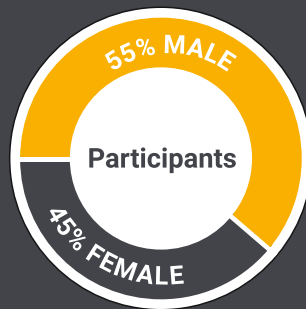
Comhairle Contae Lú
Louth County Council
S P O R T



LLSP
LOUTH LOCAL SPORTS PARTNERSHIP
COMHAIRTÍOCHT SPÓIRT LÚ
— SPORT IRELAND —

2022 ANNUAL REPORT

LOUTH LOCAL SPORTS PARTNERSHIP 2022 ANNUAL REPORT



19,021

People participated in or attended over **492** locally delivered participation initiatives



454 took part in OPERATION TRANSFORMATION



265 took part in NATIONAL PLAY DAY



59 Clubs received funding through SPORT IRELAND SMALL CLUB GRANT SCHEME



164 took part in HER OUTDOORS



5 Sport Ireland funded staff supported by LCC Sports Unit Staff & Facilities

85 men took part in Men On the Move

491 people trained in Safeguarding

773 participated in Bike Week initiatives

232 participants upskilled under Volunteer Support Funding

1109 youth took part in School Basketball Upskilling

€388,045 in funding secured for Louth

€308,195 directly from Sport Ireland

€9,000 Sport Ireland Women In Sport

€41,500 Dormant Account Fund

€17,000 HSE Grant

€12,350 Government Departments

Who we targeted:

- Disadvantaged Areas
- Young People
- Women & Girls
- Unemployed
- Volunteers
- Older Adults
- People with Disabilities
- Ethnic Minorities
- Men Over 35
- Clubs

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Message from Chairperson of **Louth Local Sports Partnership**

On behalf of the committee of Louth Local Sports Partnership, I am delighted to welcome the publication of the annual report for 2022. As you read through the report, you will see the volume, breadth and reach of the Louth Local Sports Partnership in engaging our communities, by aiding and facilitating people across the county to be more physically active.

The committee are deeply thankful to Graham and the highly qualified and motivated staff of the LSP who do their utmost to deliver highly engaging programmes. This will help enable our community to develop a lifelong love of sport and physical activity.

I would also like to thank the committee of the Louth Local Sports Partnership for their hard work and diligence to their tasks in representing their host organisations. I also wish to thank Sport Ireland and Louth County Council for their support and ongoing commitment to the development of sports and physical activity within our county.

Regards,

David Cranny

Chairperson, Louth Sports Partnership



Foreword from the Coordinator of **Louth Local Sports Partnership**

I am delighted to present the annual report of Louth Local Sports Partnership for the year ended 31st December 2022. In 2022 Louth LSP continued to help develop Sport in County Louth by working clubs, communities and stakeholders to offer opportunities for people to get physically active and participate in sport. We are continuing to make sure that the people of Louth can reap the physical and mental benefits of being active by removing barriers to participation. The Louth LSP Annual Report for 2022 highlights the innovative, inclusive and progressive opportunities and initiatives that we have delivered.

This Annual Report has been submitted to the Louth LSP Committee, Louth County Council Chief Executive and Sport Ireland as required under compliance with the Governance Code for Sport and the report outlines the progress of Louth LSP's work including:

- The number of people participating in Louth LSP supported initiatives
- The number of programmes and initiatives organised
- Building the capacity of local sports clubs and organisations providing opportunities for people to get physically active

The work of the LSP has never been more important than it was during 2022, as we returned to providing more and more in person opportunities, post COVID, and oversaw the safe return to participation to many sporting communities.

I would like to especially acknowledge the support of the thousands of volunteers in Louth who continued to work tirelessly through the most challenging of times.

I would like to take this opportunity to thank the staff in the Sports Unit of Louth County Council, both LSP staff and staff working in the sports facilities, for their enthusiasm, innovation and adaptability to expand the range and number of opportunities available for the citizens of Louth to get and stay physically active.

A special mention, in particular, to the staff working in Dundalk Sports Centre, who showed their professionalism and adaptability in playing a key role in Louth County Councils role supporting our Ukrainian friends to settle in Louth and feel safe and secure, while still operating our sports facilities.

I would also like to acknowledge and sincerely thank all the LSP Committee, our partner agencies, organisations, schools and clubs who contributed to the continued development and accessibility of sport and physical activity opportunities at a local community level. These individuals play a vital role in connecting people and communities and creating opportunities that make Louth a great place to live.



Head of Sport

Louth LSP & Louth County Council



Section 1

Background, Funding and Resources



1.1. Background to the LSP Network

On the 25th of July 2018 the Department of Transport, Tourism and Sport launched the 2018-2027 National Sports Policy. The National Sports Policy aims to increase sports participation in Ireland from 45% to 60% by 2027, the equivalent of 1% per year. To achieve this the policy highlights the need to tackle participation gradients by targeting groups in our society that participate significantly less than the overall average. These include people with disabilities, people from lower socio-economic backgrounds, women and girls and ethnic minority groups, such as the Traveller community.

The National Sports Policy recognises the key roles played by the Local Sports Partnerships in sports participation and how they can assist in the delivery of the participation actions set out in this Policy.

“The LSP network plays a vital role and has been tasked, in particular, with increasing participation levels in sport and physical activity, especially among those sectors of society that are currently underrepresented in sport. Their capacity to remove barriers and ensure that opportunities for participation in sport are progressive, innovative, and fully inclusive at a local level is a unique and valuable strength.”

National Sports Policy 2018-2027

The National Sports Policy has a total of 57 actions, 26 of which relate to sports participation. Fundamental to delivering on the Participation Actions of the National Sports Policy is increasing the capacity of the sports sector to deliver, especially the Local Sports Partnerships (LSPs) and the smaller National Governing Bodies of Sport (NGBs).

Thanks to the government Covid-19 funding package to support the sports sector, Sport Ireland invested an additional €1.2m in the LSP network to roll out programmes and grant schemes in response to the COVID-19 Pandemic, to reduce the risk factors associated with sport and physical activity during the pandemic, and to provide opportunities for being physically active during Covid-19.

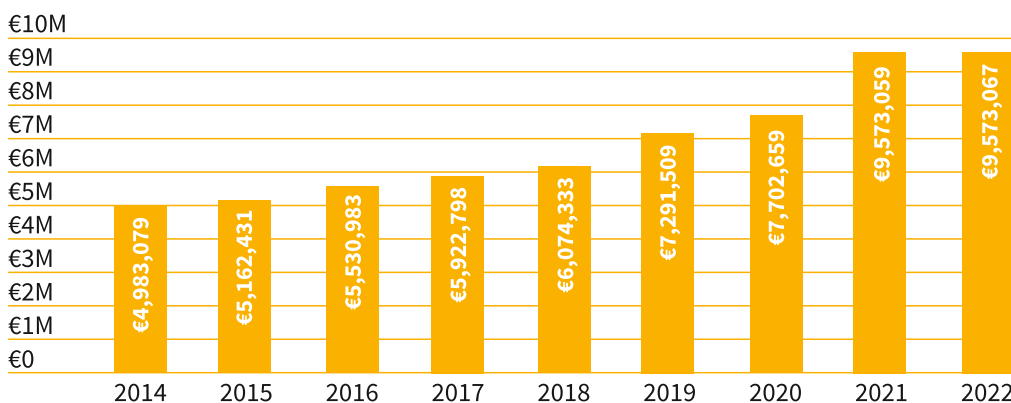
This report is the sixteenth annual report of the LSP initiative. It reflects the work of the full national network of 29 LSPs for 2022. Information provided through the Sport Ireland reporting system is collated into a national database tracking the depth and breadth of LSP initiatives. LSP activities from this database are highlighted as examples of good practice and are presented as case studies later in Section 3 of this report.

1.2. Sport Ireland LSP Funding

Core Investment

Sport Ireland supports 29 Local Sports Partnerships to co-ordinate and promote the development of sport at local level and increase levels of participation in sport and physical activity. Core investment to the Local Sports Partnerships has been increasing year on year, from €4.9M in 2014 to €9.5M in 2022.

Figure A - Breakdown of LSP Core Investment 2014-2022



This investment supports the core work of the LSP network, including the delivery of National Participation Programmes, Education & Training Initiatives, Strategic Development, Community Sports Development Officers (CSDO), the Sports Inclusion Disability Programme, Women in Sport programmes and general participation programmes.

In 2022, €980,000 was allocated to support and maintain the Sports Inclusion Disability Programme across the LSP network with Sports Inclusion Disability Officers (SIDO) delivering in 29 LSP areas. The aim of the Sports Inclusion Disability Programme is to encourage and facilitate more people with disabilities to participate in sport and physical activity and develop inclusive and accessible clubs and programmes in all settings. The SIDOs work in a coordinating capacity with all relevant stakeholders to increase and sustain participation opportunities for people with disabilities.

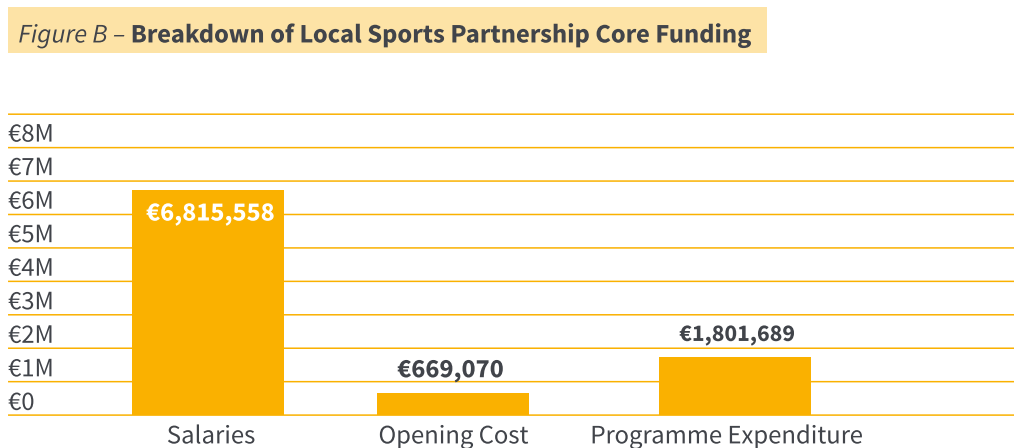
A further €1,015,000 was allocated to support Community Sports Development Officer positions in 29 LSPs. These Community Sports Development Officers are tasked with activating local communities through a variety of means including the co-ordination of targeted programmes and training initiatives for clubs and communities.

Additionally in 2022, Sport Ireland invested an additional €828,523 to continue to support LSP development officers to cater for the need for increased capacity at a local level to effectively support the delivery of the National Sports Policy.

As well as delivering Sport Ireland initiatives and sports participation opportunities, the core funding of Local Sports Partnerships by Sport Ireland underpins the nationwide rollout of sports participation programmes and the activation of national and local investments from partner agencies.

In 2022, 73% of the Sport Ireland LSP Core Investment covered the core salaries and operating costs of the LSP network. With the support of local partners, especially Local Authorities, this Sport Ireland investment provides the core resources and framework needed to develop sports participation at a local level. This core resource facilitates the implementation of programmes and initiatives, which are funded and supported through Sport Ireland Dormant Accounts but also locally through Local Authority, Department of Children, Equity, Disability, Integration and Youth (DECDIY), Healthy Ireland, HSE and ETB investments.

The below graph provides a breakdown of the 2022 Sport Ireland Core investment by salaries, operating costs, and programme investment.



Dormant Account Investment

Sport Ireland has worked with the Department of Tourism, Culture, Arts, Gaeltacht, Sport, and Media on developing a series of measures under the Dormant Accounts Action Plan since 2015. Under Dormant Accounts, Sport Ireland delivers on a range of sport and physical activity programmes under the following measures which align with the National Sports Policy and the National Physical Activity Plan (NPAP):

Measure 1	Community Sport and Physical Activity Hubs
Measure 2	National Sport Education and Training Hub
Measure 3	Sports Measures for Disadvantaged Communities to support NPAP
Measure 4	Provision of Sports Equipment in Disadvantaged Areas

All projects funded by Sport Ireland through Dormant Accounts target:

- The personal and social development of persons who are economically or socially disadvantaged.
- The educational development of persons who are educationally disadvantaged.
- Persons with a disability (within the meaning of the Equal Status Act 2000).

Dormant Account investment in Local Sports Partnerships has been increasing year on year from €1.7M in 2015 to €4.5M in 2022, to deliver on a range of innovative projects at a local level.

Louth LSP secured €41,500.00 from the Dormant Account Fund in 2022 as illustrated in the table below:



1.3. Other LLSP Funding Sources

LLSP secured **€346,545.00** in additional income in 2022 as illustrated in the table below:



1.4. LLSP Staff & Committee

LLSP staff & overview of roles

LLSP core staff members are funded by Sport Ireland while other Local Sports Partnership personnel are funded through other sources. Along with Coordinators and Administrators, there were 29 Community Sports Development Officers (CSDOs) and 29 sports Inclusion Disability Officers (SIDOs supported through Sport Ireland funding within the LSP network in 2022. This increased staffing levels to a minimum of 4 positions in all 29 Local Sports Partnerships and delivered on Action 12 of the National Sports Policy which specifically relates to the following:

“In addressing the disability gradients in participation we will explore the possibility of introducing national network of Sports Inclusion Disability Officers (SIDOs) aligned to the LSP network. These SIDOs would be expected to work closely with relevant NGBs, the disability sector, leisure centre providers, the ACTIVE DISABILITY IRELAND Centre and other stakeholders in providing opportunities for people with disabilities to take part in sport”.

There were five full time members of staff in LLSP during 2022.

Coordinator – **Graham Russell** – Appointed in 2014
 Administrator – **Aine McDonald** – Appointed in 2017
 Senior Sports Officer – **Odhran Doherty** – Appointed in 2022
 Community Sports Development Officer – **Barry Casey** – Appointed in 2018
 Sports Inclusion Disability Officer – **Triona Faapito** – Appointed in 2019
 *resigned in August 2022

Louth Sports Partnership Committee Members 2022

The Louth LSP Committee brings specific skill sets to their work within the LSP. This expertise is in the areas of finance and management, as well as public relations, governance, and human resources. All of this helps to contribute to the effective running of Louth Sports Partnership.

Name	Organisation from
David Cranny (Chairperson)	Dundalk Institute of Technology
Finbar Gethins	Louth County Council
Tara Kearns	HSE Health Promotion
Oreena Lawless	Primary Schools
Ciaran Reid	Louth Leader Partnership
Sean Moran	Louth Public Participation Network
Josephine Pepper	Chamber of Commerce
Ronan Lynch	Dundalk Institute of Technology
Cllr Tom Cunningham	LCC Elected Representative
Mick Neville	FAI
Shane Lennon	GAA
Katie Byrne	IWA Sports
Stephen McArdle	Louth Meath Education Training Board

1.5. Sport Ireland Supports

Sport Ireland Participation Unit

Sport Ireland engage with the Local Sports Partnerships and their staff on a regular basis. Over the course of 2022, Sport Ireland met with the LSP Coordinators both virtually and in person on a regular basis with a total of 8 online coordinator meetings and 9 in person meetings taking place. Through these meetings Sport Ireland provided updates to the LSP Coordinators on the work Sport Ireland is undertaking, and any upcoming events, deadlines, or campaigns of relevance to them. Additionally, these meetings created an environment for Coordinators to raise any issues, challenges or opportunities they may be encountering or discuss topics of relevance, both with Sport Ireland and their fellow Coordinators.

Midway through the year LSPs provide a mid-year report and at the end of each year the LSPs complete their annual report for Sport Ireland. In 2022 LSPs were requested to provide regular updates on their continued compliance to the Governance Code for Sport.



Section 2

Achievements of Louth Local Sports Partnership in 2022



2.1 Introduction

Louth Sports Partnership undertakes a wide range of actions and initiatives with the aim of increasing sport and physical activity participation levels in our local community. These actions are grouped into four outcome areas:



2.2. Development of Local Sports Clubs and Communities

A key focus for Louth Local Sports Partnership, and all LSPs, is that there is a sustainable level of development within the local sports structures. Louth LSP works with clubs and groups to ensure that structures are in place to enable participation for all community members in a wide range of sport or physical activity opportunities. This sustainable environment is facilitated through supporting volunteers and coaches in opportunities to enhance their skills and improve the quality of sports participation in their communities.

Funding for Clubs & Community Support

In 2022, Louth Local Sports Partnership provided a total of €66,126.00 In funding supports to 60 clubs, groups, organisations and schools across County Louth. The table below provides a breakdown of funding distributed locally through 2022 to support the provision of sport and physical activity in Louth.

ID	Name of Club/Group	Amount approved	Grant Description
1	ACE Athletics Club	€1000	Small Club Grant 2022
2	Ardee & District Athletics Club	€1000	Small Club Grant 2022
3	Ardee Cycling Club	€1000	Small Club Grant 2022
4	Boyne Hockey Club	€1000	Small Club Grant 2022
5	Boyne Rovers Football Club	€1000	Small Club Grant 2022
6	Cooley Camogie Club	€1000	Small Club Grant 2022
7	Cuchulainn Gaels GAC	€1000	Small Club Grant 2022
8	Dealgan Boxing Club	€1000	Small Club Grant 2022
9	Drogheda & District Anglers Club	€1000	Small Club Grant 2022
10	Drogheda Marsh Crescent FC	€1000	Small Club Grant 2022
11	Drogheda Special Olympics	€1000	Small Club Grant 2022
12	Drogheda Wolves Basketball Club	€1000	Small Club Grant 2022
13	Dundalk IT Juniors Parkrun	€1000	Small Club Grant 2022
14	Dundalk Ravens Basketball Club	€1000	Small Club Grant 2022
15	Dundalk Special Olympics Club	€1000	Small Club Grant 2022
16	Dundalk St Gerard's Athletic Club	€1000	Small Club Grant 2022
17	Dundalk Tennis Badminton Club	€1000	Small Club Grant 2022
18	Eastern region sports IWA	€1000	Small Club Grant 2022
19	Geraldines GFC	€1000	Small Club Grant 2022
20	Glenmore Athletics Club	€1000	Small Club Grant 2022
21	HYBRID Martial Arts	€1000	Small Club Grant 2022
22	Money more FC	€1000	Small Club Grant 2022

ID	Name of Club/Group	Amount approved	Grant Description
23	Na Piarsaigh	€1000	Small Club Grant 2022
24	Naomh Fionnbarra & St Annes GFC	€1000	Small Club Grant 2022
25	Naomh Mairtin CPG - All Star	€1000	Small Club Grant 2022
26	Newtown Blues GFC	€1000	Small Club Grant 2022
27	Roche Emmets GFC	€1000	Small Club Grant 2022
28	Sean McDermotts GFC	€1000	Small Club Grant 2022
29	Square United	€600	Small Club Grant 2022
30	St Brides Ladies GFC	€1000	Small Club Grant 2022
31	St Brides Ladies GFC	€1000	Small Club Grant 2022
32	St Dominics FC	€950	Small Club Grant 2022
33	St Fechins All Stars	€1000	Small Club Grant 2022
34	Walshestown Football Club	€1000	Small Club Grant 2022
35	Knockbridge Hurling Club	€800	Small Club Grant 2022
36	Blackrock Badminton Club	€1000	Small Club Grant 2022
37	Redeemer Celtic FC	€1500	Covid Grant Round 2
38	Ardee Boxing Club	€1500	Covid Grant Round 2
39	Ardee Badminton Club	€1500	Covid Grant Round 2
40	Faughart Rovers	€1500	Covid Grant Round 2
41	Dealgan Boxing Club	€1500	Covid Grant Round 2
42	Naomh Malachi GFC	€1480	Covid Grant Round 2
43	Bellurgan United F.C.	€1500	Covid Grant Round 2
44	HYBRID Martial Arts	€1500	Covid Grant Round 2
45	Dundalk Ravens Basketball Club	€1500	Covid Grant Round 2
46	Drogheda Academy of Judo	€1500	Covid Grant Round 2
47	Cuchulainn Gaels GAC	€520	Covid Grant Round 2
48	Drogheda Marsh Crescent FC	€376	Covid Grant Round 2
49	Dundalk Cricket Club	€1500	Covid Grant Round 2
50	Louth Village Youth Club	€1500	Covid Restart Grant
51	Drogheda Cycling Group	€1500	Covid Restart Grant
52	St Oliver's CC Girls Soccer Team	€1500	Covid Restart Grant
53	Drogheda Dist. Schoolchildren's Lge	€1500	Covid Restart Grant
54	Dundalk Sub Aqua Club	€1300	Covid Restart Grant
55	Cooley Peninsula Men's Shed	€1500	Covid Restart Grant
56	St. Josephs NS	€1500	Covid Restart Grant
57	Cooley Connect Well	€1400	Covid Restart Grant
58	3rd Louth Ravensdale	€200	Covid Restart Grant
59	Foroige, Boomerang Café	€1500	Covid Restart Grant

Club Development Work

Louth Local Sports Partnership support providers of sport and physical activity across the county, as well as working with sports clubs, communities and individuals to introduce new opportunities and pathways for participation in sport and physical activity within Louth.

To this end in 2022;

491

people from sport and community groups in **Louth** attended Safeguarding training provided by Louth LSP.

80

people from sport and community groups in **Louth** attended Autism in Sport training provided by Louth LSP.

70

people from sport and community groups in **Louth** completed First Aid training provided by Louth LSP.

Louth LSP plays a key role in advising clubs in the areas of planning, evaluation and in the development of governance standards and policies. This support enables clubs to create sustainable high functioning structures within their communities thus protecting the long term development of sport and physical activity within Louth.

2.3 Training & Education Workshops and Courses

Louth Local Sports Partnership provides a range of upskilling and training opportunities at local level for volunteers, coaches and administrators. The initiatives aim to successfully identify and assist targeted individuals and groups who are volunteering to provide sport and physical activity opportunities in communities in Louth and provide them with the necessary qualifications, skills and experiences to increase their capacity and confidence in providing high quality sport and physical activity opportunities within their local communities.

Overview of training and education courses delivered in 2022

The below table illustrates the breakdown of Louth Local Sports Partnerships Training and education courses for 2022:

Course	Date	Venue	Number of participants
First Aid	8 th March 2022	Online	12
First Aid	10 th May 2022	Online	12
First Aid	21 st June 2022	Online	11
First Aid	13 th September 2022	Online	35
Autism In Sport	20 th September 2022	Online	40
Autism In Sport	15 th November 2022	Online	40

2.4 Delivering Sport Ireland Programmes

Safeguarding Workshops & Roles

Sport Ireland's Safeguarding programme facilitated locally by Louth Local Sports Partnership is aimed at sports leaders and adults who are involved in the organisation of sport for children and young people. The goal of the programme is to promote awareness of best practice and legal requirements in the area of safeguarding and child protection. To advance this function, Sport Ireland offers three workshops in the area of safeguarding and child protection.



The details of these workshops are outlined below:

<p>Safeguarding 1 Child Welfare & Protection Basic Awareness</p>	<p>Safeguarding 2 Club Children's Officer</p>	<p>Safeguarding 3 Designated Liaison Person</p>
<p>All Coaches, Children's Officers and Designated Liaison Persons must first complete the 3 hour Child Welfare and Protection Basic Awareness Workshop. This Workshop educates participants on the implementation of best practice and legal requirements in protecting the welfare of children involved in sport</p>	<p>A person appointed to the Club Children's Officer position in a club must complete Safeguarding 1 (Child Welfare & Protection Basic Awareness workshop) and follow this with the Club Children's Officer 3 hour workshop. This Workshop will help the Club Children's Officer to carry out the function of their role in the club and support the implementation of best practice in the area of safeguarding in the club</p>	<p>A person appointed to the Designated Liaison Person position in a club must have completed Safeguarding 1 (Child Welfare & Protection Basic Awareness workshop) and should complete the Designated Liaison Person 3 hour workshop. A club may appoint the same person to both the CCO and DLP positions however best practice advises that they are kept as separate roles</p>

Club Children's Officer

The Club Children's Officer should be child-centred in focus and have, as the primary aim, the establishment of a child-centred ethos within the club. They are the link between the children and the adults in the club. They also take responsibility for monitoring and reporting to the Club Management Committee on how club policy impacts on young people and sports leaders.

Designated Liaison Person

Every club/organisation should designate a person to be responsible for dealing with any concerns about the protection of children. The Designated Liaison Person is responsible for reporting allegations or suspicions of child abuse to TUSLA Child and Family Agency or Social Services (NI) and/or An Garda Síochána/PSNI. It is recommended that this person is a senior club person. However, if there is difficulty identifying a separate individual to take this role, the Club Children's Officer can be appointed as Designated Liaison Person once the club/organisation is clear about the responsibilities of each role. The organisation's child protection policy and procedures should include the name and contact details of the Designated Liaison Person and the responsibilities attached to the role.

Overview of Safeguarding courses delivered in 2022

In 2022, Louth Local Sports Partnership facilitated 491 Sports Leaders and Volunteers to complete Safeguarding training. The table below provides an overview of Safeguarding training facilitated by Louth LSP in 2022:

	Date of course	No. Attended	Male	Female
1	20th January 2022	11	8	3
2	2nd February 2022	5	3	2
3	3rd February 2022	16	6	10
4	17th February 2022	17	9	8
5	3rd March 2022	14	11	3
6	24th March 2022	15	6	9
7	31st March 2022	17	15	2
8	21st April 2022	13	7	6
9	25th April 2022 - AM	16	6	10
10	25th April 2022 - PM	12	10	2
11	28th April 2022	15	11	4
12	5th May 2022	16	9	7
13	19th May 2022	16	9	7
14	26th May 2022	12	7	5
15	9th June 2022	11	6	5
16	15th June 2022	14	5	9
17	16th June 2022	14	4	10
18	23rd June 2022	11	6	5
19	14th July 2022	12	6	6
20	18th July 2022	11	3	8
21	25th July 2022	11	5	6
22	28th July 2022	15	4	11
23	11th August 2022	14	5	9
24	25th August 2022	17	6	11
25	8th September 2022	17	10	7
26	22nd September 2022	17	9	8
27	6th October 2022	16	12	4
28	10th October 2022	18	13	5
29	17th October 2022	21	17	4
30	20th October 2022	15	6	9
31	27th October 2022	17	9	8
32	3rd November 2022	17	9	8
33	17th November 2022	15	8	7
34	1st December 2022	13	6	7

491
Attendees

266
Male

225
Female

2.5 LSP Participation Initiatives

The design, delivery and evaluation of targeted programmes by Louth LSP directly increases the level of local participation particularly amongst the harder to reach social groups. Through their local expertise and connections within the sports infrastructure, Louth LSP is able to identify specific needs and plan accordingly. In 2022, Louth LSP maintained its delivery of an innovative range of participation programmes and opportunities.



2.5.1 LLSP Participation Initiative Highlights 2022

The following section presents the highlights across a variety of types of initiatives facilitated by Louth Local Sports Partnership in 2022. We delivered a total of 492 programmes, training courses and initiatives with 19021 participants taking part, 10415 males, 8663 females and a total of 628 were people with disabilities taking part.

Sport Inclusion Disability Programmes

The Louth Local Sports Partnership Sport Inclusion Disability Programmes seeks to address the imbalance in opportunities for people with a disability to participate in Sport & Physical Activity. A core element of the SIDP is to work in partnership with sports clubs, community groups, facilities, NGBs, schools and service providers and people with disabilities to develop new and support on-going and sustainable active participation in local activities.

The table below summarises the SIDP participation Initiatives facilitated by Louth LSP in partnership with local clubs, organisations and the NGBs in 2022.

Initiative	Activity Type	Number of Participants
Inclusive Summer Camp (Adults)	Multi-Sport	40
Inclusive Summer Camp (Children)	Multi-Sport	45
Children's IWA Club	Multi-Sport	17
VI Tennis	Tennis	3
IWA Saturday Club	Multi-Sport	12
Learn 2 Cycle	Cycling	74

Louth All Stars GAA for All

Louth Local Sports Partnership in partnership with Louth GAA and working with local GAA clubs has developed a number of All Star GAA for All programmes to support children with disabilities to participate in Gaelic Games within the mainstream club environment. A total of ten clubs have now developed their programmes namely;

Cooley Kickhams
Naomh Martin
Stabannon Parnell's
St Oliver Plunketts
Roche Emmets
St Bride's
O'Raghallaighs
St Fechins
Glen Emmets
St Patricks



All coaches and volunteers were trained as appropriate in **Safeguarding, First Aid, and Disability Awareness**. All clubs were provided with sports equipment, information booklets and training bibs to support the delivery of their programmes during 2022.

A total of 151 children with a disability took part in the programmes delivered by the 10 clubs in 2022.



Dundalk Junior Parkrun

Louth Sports Partnership have assisted Dundalk Parkrun in setting up a Junior section on Sunday Mornings. It will be a timed 2km event every Sunday at 9:30am taking place at DkIT for 4-14 years.

Learn to Cycle Programme for Children with Additional Needs

Through our funding partners Healthy Ireland, Child and Family Agency – Tulsa & CYPSC Louth we have completed a Learn to Cycle Programme with 11 Autistic Classes in Louth. Louth Sports Partnership delivered 50 bikes and helmets to the schools within the programme. We have also got our very own Cycle Right Tutor qualified to help us deliver more programmes over the coming years and we will be running our own learn to cycle programmes shortly. Finally, to ensure the sustainability of the programme we offered over 70 SNA's/Teachers training in Disability Learn to Cycle course.



Transition Year Triathlon

The 9th annual Louth Transition Year Duathlon took place Wednesday 11th May 2022 after a 2 year break due to Covid 19 restrictions. The event, which was organized by Louth Local Sports Partnership, the Louth P.E. Teachers Network, An Garda Siochana and Setanta Triathlon Club saw 66 students representing 7 schools from throughout the County compete in both team and individual events. Competitors were required to complete a 1km Run, a 3.6km Cycle and a 3.6km Run.

The schools involved in the event were:

Dundalk Grammar School
Bush Post Primary School
Ballymakenny College Drogheda
Drogheda Grammar School
Scoil Ui Mhuire Dunleer
Colaiste Ris
Colaiste Chu Chulainn



National Bike Week 2022 in Louth

Louth Local Sports Partnership in conjunction with Louth County Council and Transport for Ireland delivered a hugely successful programme of events and opportunities for children, adults and families to enjoy cycling across Louth as part of National Bike Week which took place from May 14th – 22nd 2022. Louth LSP delivered over 40 programmes and events catering for beginners, leisure cyclists, families and the more serious cycling enthusiasts. Bike week endeavours to attract and encourage cyclists, particularly new cyclists of all ages and abilities to discover the benefits and the enjoyment of cycling while also availing of on-going sustainable cycling opportunities within the county.

National Play Day

Louth LSP delivered a hugely successful family play and sports day on Saturday 9th July 2022 as part of National Play Day event in partnership with Dundalk Young Irelands GAA Club. The aim of National Play Day is to promote and create awareness of play and recreation opportunities for children and young people across the county. The Department of Children and Youth Affairs in collaboration with Local Authorities implement a programme of activities for National Play Day across the country on an annual basis. A large variety of suitable play and multi-sport activities were available for children and young people to participate in during the event with over 300 children and young people participating during the day.

HER Outdoors Week 2022

Louth Local Sports Partnership, in collaboration with stakeholders and partners across the county delivered a hugely successful programme of opportunities for females of all ages and abilities to enjoy Physical Activity and Sport in the outdoors as part of Sport Ireland's HER Outdoors week national initiative from August 8th – 14th 2022.

The aim of HER Outdoors week is to celebrate and encourage more females to get out active in the outdoors while also bringing visibility to the opportunities for females to get involved in outdoor physical activity in their local communities. In Louth, over 400 females participated in 17 different activities across the week including; Open Water Swimming, Beach Yoga, Nordic Walking, Kayaking, Stand Up Paddle Boarding, Hill Walking, River Rowing, Cycling, and a Teenage Girls Get Active in the Outdoors programme.



Louth LSP Primary Schools Basketball Programme

Louth LSP in partnership with Drogheda Wolves Basketball Club completed a Primary Schools Basketball programme in four schools within the Drogheda area. Marymount GNS, St Peters NS, St Patrick's NS, and Harestown NS all began the programme in term one with more schools to join the programme after the Halloween break.



The aim of the programme is to provide opportunities for the pupils in the schools to engage in coached Basketball sessions within school and to create a link between the schools and Drogheda Wolves Basketball Club to ensure an accessible pathway for the children to sustain their participation within the sport.

Drumcar Ukrainian Residents Cycling Initiative

Louth LSP in conjunction with staff in Dundalk Sports Centre were delighted to support Ukrainian residents living in Drumcar to be physically active by providing 42 adult and children's bikes, helmets, and locks. The refurbished bikes were provided by the Cycle Centre in Dundalk. Bike shelters have also been erected by Louth Council County on the grounds of Drumcar to ensure that the bikes can be safely stored on site.

The residents will use the bikes on site in Drumcar for exercise, but also as a means of active travel within the community in Dromiskin and Tallanstown.



Nordic Walking Programme Drogheda

Louth Local Sports Partnerships in conjunction with Boyne Nordic Walks ran an 8 week introduction to Nordic Walking programme at the Lourdes Stadium Drogheda starting on October 25th. Nordic Walking can be defined as a form of outdoor physical activity involving walking with the use of poles that have been specially adapted from cross country skiing. The main goal of using the poles is to involve muscles, which are not used during normal walking. This enables the performance of high intensity exercising with a relatively low level of perceived exertion.

Older Adults PALs Workshops – Termonfeckin

Louth Local Sports Partnership were delighted to launch PALs (Physical Activity Leaders) workshops in partnership with Age & Opportunity for community leaders to support older adults in communities in Co. Louth to be physically active. The programme began on Tuesday November 15th in St Fechin's GAA Club, Termonfeckin.

PALs is an initiative which trains older adults in leading sport and activity sessions in their local groups and communities. Attendees will complete nine different workshops (five hours each) and engage in both practical and theory work to ensure they receive all the knowledge and skills to lead their local group in physical activity.



Women's Social Basketball & Football Programmes

Louth LSP continue to deliver two very successful social sports programmes for women in Football and Basketball, with over 45 women taking part in the programmes on a weekly basis in Drogheda and Dundalk.

The aim of these programmes is to provide regular team based sporting activities to women aged 18 years and older who are not currently playing competitive sport. The sessions are non-competitive and fun based with a focus on enjoyment and socialising.



Sport Ireland Partnerships Manager visits Louth LSP

The Louth LSP team was delighted to welcome Sport Ireland Partnerships Manager, Oisín Foley to our offices in Dundalk Sports Centre in October to view our physical activity opportunities for older adults and adults with an intellectual disability.

We look forward to continuing to work closely with Oisín and his team in Sport Ireland in the months ahead.



Minister of State Jack Chambers visits Louth LSP

The Louth LSP team was delighted to recently welcome Minister of State at the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media, Jack Chambers to our offices in Dundalk Sports Centre. Louth LSP Administrator Áine McDonald had the pleasure of bringing the Minister up to speed on Louth LSP's Winter Initiative and programmes. The Minister was also presented with a Louth LSP Winter Ready pack.



2.6 Building and Sustaining Partnerships

Information Provision

Louth Local Sports Partnership acts as an information hub and point of contact within our local community. Louth LSP works to share information, as well as direct, signpost and refer their target groups to the most appropriate next step, whether that is a link to a sports club, a community-based organisation, or a volunteering opportunity. Louth LSP collects ongoing information on the nature and extent of their work to provide information to our communities and profile our activities and programmes. The following section presents an overview of the range of communication platforms that Louth LSP uses, both via traditional and social media outlets.

Summary of Louth LSP Promotion 2022

Facebook: Number of posts in 2022	100s
Facebook: Number of Followers*	2,496
Twitter: Number of tweets in 2022	100s
Twitter: Number of Followers	10,295
Instagram: Number of posts in 2022	25
Instagram: Number of Followers	235

Media interaction

Number of press releases issued:	5
Number of articles in local press:	12
Number of local radio interviews:	3

Website

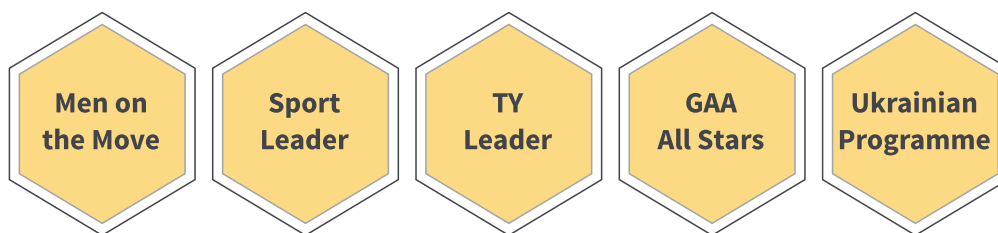
LSP Website: Number of visits	142,935
LSP Website: Number of resource downloads	17

Louth LSP developed specific resources to highlight and promote a wide range of activities and opportunities available locally. This was in the form of booklets, posters, leaflets and newsletters. Louth LSP also maintains active databases of local organisations and groups as well as email contact lists.

Summary of Louth LSP Information Production 2022

Information Leaflets & Booklets

Names of physical booklets or information leaflets produced by LSP



2.7. Networking, Advocacy and Awareness Raising

Local networks and committees bring together sports clubs, statutory and non-statutory agencies, volunteers and other working partners and provide opportunities for partnership endeavours that influence and resource sport and physical activity at county and national level. These networking and awareness raising actions allow for an increase in the reach of the CSP, as well as profiling their ongoing work. They are also a sounding board for advice and recommendations as to what the LSP can do to assist sports clubs and partners. Actions in advocacy and policy allow for LSPs to promote the

List of Communities & Boards with LLSP representation in 2022



2.8. Partnership Engagement

Louth LSP aims to lead and coordinate sport and physical activity opportunities locally.

Developing partnerships with other organisations to promote physical activity and sport within Louth is also key to our work. To this end Louth LSP engaged with over 50 local, regional, national and international organisations in 2022.





Section 3

Programme

Case Study



Programme Name: Teenage Girls Get Active in the Outdoors

Project Description

Louth LSP delivered two Teenage Girls Get Active in the Outdoor Leadership programmes during Sport Ireland's HER Outdoors week in August 2022. The main aim of these programmes was to engage teenage girls from Louth aged 13-17 years old in Outdoor Activities and to design and deliver a Leadership programme involving water based and land based activities in partnership with Carlingford Adventure Centre. The programme also aimed to celebrate and encourage young female participants to enjoy and explore the land and water based activities available to them within Louth and in the Carlingford region of the county. Louth LSP worked closely with senior staff and instructors in Carlingford Adventure Centre to design, deliver and evaluate the outcomes of the programme.

Key Outcomes

1

Opportunities created for teenage girls in Louth to develop their confidence and leadership skills in land and water based activities.

2

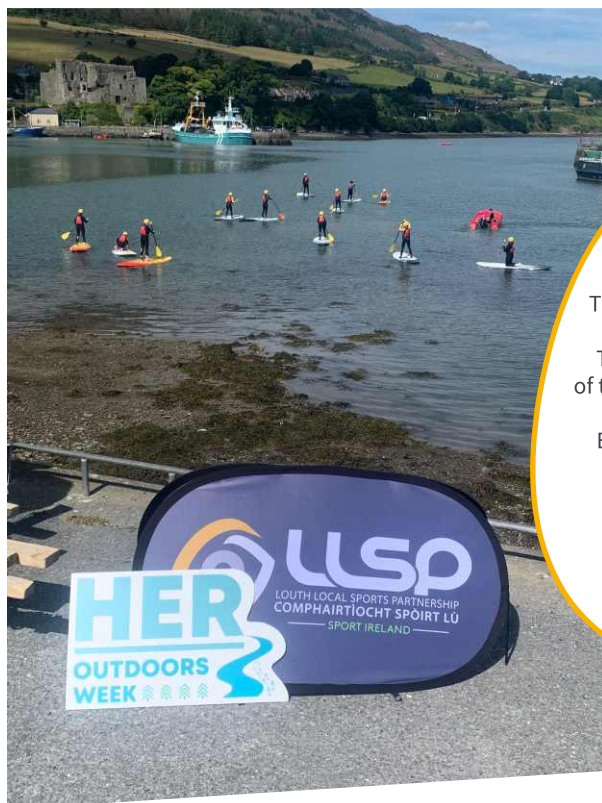
Positive relationship developed with key partner in Carlingford Adventure Centre to develop more accessible opportunities for teenage girls and other diverse population groups in Louth to access activities in the outdoors.

3

Allowing the girls to co-design and develop some elements of the programme was hugely beneficial and allowed the girls to own and shape the programme to their needs.

Teenage Girls
Get Active
in the Outdoors





'My girls had a great experience. They were exposed to all kinds of wonderful outdoor adventures. They made great friendships and learned valuable experiences. They also got to experience a different part of the county than where we live which is great. And communication was great! Every interaction I had with any of the staff in Louth LSP was very positive and informative. I am so grateful to you for doing outdoor adventures for teenage girls.'

Clodagh
(parent of participants)

Next Steps

1

Louth LSP are working with Carlingford Adventure Centre to deliver the programme during HER Outdoors week August 2023.

2

Participants from this programme have been signposted on to complete Leadership opportunities developed by Louth LSP e.g. Sports Leader Awards.

3

Louth LSP want to expand the reach of this programme and explore opportunities to deliver this programme with key partners in other locations in Louth.

Key Learnings

The key learning from this programme was to ensure that the girls involved in the programme were empowered and supported to design and own the activities that they were participating in. This approach worked extremely well on this programme and ensured that the girls were able to develop a number of leadership and communication skills while taking part in the outdoor activities.



Section 4

Next Steps for Louth Local Sports Partnership



4.1. Looking forward to 2023

Louth Local Sports Partnership has placed itself at the forefront of the journey towards lifelong and inclusive sport for all and continues to be a lead advocate for those currently underrepresented in sport in Co. Louth. The 2022 Louth Local Sports Partnership Annual Report highlights the variety of programmes and opportunities offered by Louth Local Sports Partnership across the county and demonstrate that there are participation opportunities available for everyone.

On behalf of Louth Local Sports Partnership we extend our thanks to all those agencies, groups and individuals who have contributed to this report, and to all the staff, tutors and volunteers who were involved in the delivery of sport and physical activity through Louth Local Sports Partnership in 2022. The following section highlights our key areas of work for 2023.

Sport Inclusion Disability Officers

In 2023, Sport Ireland will invest €910,000 to continue supporting the full network of 29 Sport Inclusion Disability Officers (SIDOs). The aim of the Sport Inclusion Disability Programme is to encourage and facilitate more people with disabilities to participate in sport and physical activity and develop sustainable clubs and programmes in all settings. The SIDOs work in a coordinating capacity with all relevant stakeholders to increase and sustain participation opportunities for people with disabilities. SIDOs can also play an important role in helping both people with a disability and older adults to safely re-engage with community based or independent sport and physical activity opportunities after COVID 19.

Community Sport Development Officers

Sport Ireland will continue to ensure funding support to all 29 Local Sports Partnership for employment of a Community Sports Development Officer (CSDO), maintaining a nationwide rollout of the CSDO initiative. CSDOs are tasked with activating local communities through a variety of means including the co-ordination of targeted programmes and training initiatives for clubs and communities. In 2023, CSDOs will be tasked with increasing the reach of Local Sports Partnerships to ethnic minorities and teenagers. The CSDO's will also support the objectives of the National Physical Activity Plan action to *'Strengthen and enhance the capacity of the LSPs to further develop locally led plans and more long-term sustainable physical activity programmes'*.

Communications and Awareness

Increased visibility and awareness of the Local Sports Partnership network will increase recruitment of volunteers, local investment and most importantly reach to the most challenging target groups. In order to deliver on Actions 6, 7 and 9 of the National Sports Policy Local Sports Partnerships must be resourced *"to promote the broadest possible participation ensuring quality and accessibility for all groups"*. When LSPs were asked where their biggest challenges were, almost all LSPs responded with the difficulties in building awareness of opportunities. This challenge was most apparent in promoting to inactive people and hard to reach target groups such people from socio economic disadvantage, ethnic minorities and people with a disability. To support promotional work and deliver on national campaigns locally, Sport Ireland has continued to increase investment in communications and awareness across the 29 LSPs in 2023. Furthermore, Sport Ireland has allocated funding to employ a national Local Sports Partnerships communications officer and two regional communications officers across the network. These positions will allow the Local Sports Partnership network to deliver on the communications priority's identified in the Participation Plan *"to develop and invest in an evidence informed participation communications plan and campaign to promote sports participation"*.

Programmes & Development

With the recruitment of SIDOs, CSDOs and additional officers across the network it is important to provide these positions with the support and resources required to deliver safe and effective programmes at a local level. In 2023, we anticipate an ongoing need for support from sports clubs and communities around the country as they attempt to recruit and re-activate their members, participants and volunteers. By investing in the development and implementation of targeted programmes and leveraging the support provided to clubs to encourage them to engage with underrepresented groups, this funding will support the delivery of Actions 5, 6, 9, 14 and 28 of the National Sports Policy.

Women in Sport

Additional support for Women in Sport is referenced in the National Sports Policy, specifically referring to the high-level goal of increasing participation through the “*elimination of active sport participation gradient between men and women*”. Participation levels have significantly increased yet again in 2022 for women in sport due to the roll out of multiple programs and awareness and retention workshops. The LSP network will continue to work with the Sport Ireland Women in Sport lead and will focus local initiatives on female target groups including teenage girls, women in disadvantaged communities, women with a disability, older women, and women from ethnic minorities. In addition, LSP's will also work with Sport Ireland on national programs such as HEROutdoors week, Women in Sport Week and the new HerMoves initiative. The LSPs will also be asked to begin exploring ways of increasing female social participation in sport through club membership and volunteerism.

Local Sports Plans

Action 8 of the National Sports Policy has tasked Sport Ireland with supporting Local Authorities in developing Local Sports Plans consistent with the overall vision and objectives of the National Sports Policy. Sport Ireland continue to engage with the County and City Managers Association (CCMA) Economic, Enterprise, Community and Culture Committee to discuss the development of Local Sports Plans. Throughout this engagement Sport Ireland will have also discussed the recruitment and employment of LSP staff, LSP governance code compliance in a Local Authority context and Sport Ireland funding strategies for the Local Authority based LSPs. Sport Ireland has allocated budget in the 2023 participation unit budget to assist LSPs and Local Authorities in the development of Local Sports Plans.

Appendices

Appendix A

List of LSPs

Local Sports Partnership Network	Year Established
Tipperary Sports Partnership	2001
Sligo Sport & Recreation Partnership	2001
Roscommon Sports Partnership	2001
Clare Sports Partnership	2001
Active Donegal	2001
Kildare Sports Partnership	2001
Laois Sports Partnership	2001
Fingal Sports Partnership	2001
Cork Sports Partnership	2002
Meath Sports Partnership	2002
Waterford Sports Partnership	2002
Kerry Recreation & Sports Partnership	2004
Kilkenny Recreation & Sports Partnership	2004
Mayo Sports Partnership	2004
Westmeath Sports Partnership	2004
Carlow Sports Partnership	2006
Offaly Sports Partnership	2006
Monaghan Sports Partnership	2006
Limerick Sports Partnership	2007
Galway Sports Partnership	2007
Cavan Sports Partnership	2008
Louth Sports Partnership	2008
Dún Laoghaire Rathdown Sports Partnership	2008
South Dublin County Sports Partnership	2008
Sports Active Wexford	2008
Longford Sports Partnership	2008
Leitrim Sports Partnership	2008
Dublin City Sports & Wellbeing Partnership	2008
Wicklow Sports Partnership	2008

Appendix B

Glossary of Terms

Active Disability Ireland

Active Disability Ireland (Formally known as CARA) is a national organisation which provides a collaborative and partnership platform throughout Ireland to impact on enhancing sport and physical activity opportunities for people with disabilities.

Club Children's Officer

The Club Children's Officer is a volunteer role within a sports club. S/he are the link between the children and the adults in the club. S/he take responsibility for monitoring and reporting to the Club Management Committee on how club policy impacts on young people and Sports Leaders. The Club Children's Officer should be a member of or have access to the Club Management Committee and should be introduced to the young people in an appropriate forum.

CSDO – Community Sports Development Officer

The aim of the Community Sports Development Officer is to strengthen and enhance the capacity of the Local Sports Partnerships to further develop locally led plans and more long term sustainable physical activity programmes under the National Physical Activity Plan.

CSPA – Community Sports and Physical Activity Hubs

The objective of the Dormant Accounts Funded CSPAs is to bring local people together and provide a home for local clubs and sports organisations. The Hubs provide information, support and advice on a wide range of sports and physical activities to make it easier for people in disadvantaged areas to get involved in and engaged in a more active and healthier lifestyle.

CYPSC – Children and Young Peoples Services Committees

CYPSC are county-level committees that bring together the main statutory, community and voluntary providers of services to children and young people. They provide a forum for joint planning and co-ordination of activity to ensure that children, young people and their families receive improved and accessible services. Their role is to enhance interagency co-operation and to realise the national outcomes set out in Better Outcomes, Brighter Futures: the national policy framework for children and young people 2014-2020.

Department of Transport, Tourism & Sport

The Department of Transport, Tourism and Sport was established in 2011. It has a key role in delivering highly critical aspects of Ireland's economic activity including further development of our transport infrastructure and services and the support and enhancement of our significant tourism and sports sectors.

Designated Liaison Person

The Designated Liaison Person is a volunteer role within a sports club. The Designated Liaison Person is responsible for ensuring that the standard reporting procedure is followed, so that suspected cases of child neglect or abuse are referred promptly to the designated person in TUSLA Child and Family Agency or in the event of an emergency and the unavailability of TUSLA, to An Garda Síochána.

DAF – Dormant Accounts Fund

The Dormant accounts Fund is the responsibility of the Minister for the Department of Rural and Community Development. Sport Ireland receives Dormant Accounts Funding through the Department of Transport, Tourism and Sport to support sport and physical activity initiative to assist in the personal and social development of persons who are economically or socially disadvantaged, the educational development of persons who are educationally disadvantaged or persons with a disability.

ETBs – Education and Training Boards

ETBs are statutory education authorities that have responsibility for education and training, youth work and range of other statutory functions. ETBs manage and operate second-level schools, further education colleges, pilot community national schools and a range of adult and further education centres delivering education and training programmes.

Evaluation

Evaluation is the systematic assessment of the design, implementation, outputs and outcomes of an initiative for the purposes of learning, and to inform future decision-making.

Fitzpatrick & Associates Review of LSPs

The Fitzpatrick & Associates Review of LSPs is a report published by the Department of Arts, Sports and Tourism in 2005. The report evaluates the progress of the LSPs with reference to the key aims and objectives, and makes a number of recommendations for the LSP initiative.

GIW – Get Ireland Walking

The Get Ireland Walking programme is a Sport Ireland initiative that aims to maximise the number of people participating in walking, for health, wellbeing and fitness, throughout Ireland.

HI – Healthy Ireland

Healthy Ireland, A Framework for Improved Health and Wellbeing is the national framework for whole of Government and whole of society action to improve the health and wellbeing of people living in Ireland. It sets out four central goals and outlines actions under six thematic areas, in which society can participate to achieve these goals. The Framework identifies a number of broad inter-sectoral actions, one of which commits to the development of a plan to promote increased physical activity levels.

HSE – Health Service Executive

The HSE is the statutory authority responsible for providing Health and Personal Social Services for those living in the Republic of Ireland.

IPPEA – Irish Primary Education

The IPPEA is an association dedicated to heightening awareness of PE issues in primary schools and it aims to promote physical activity in an educational context.

LCDC – Local Community Development Committees

Under Section 36 of the Local Government Reform Act 2014, each local authority must establish a Local Community Development Committee. The aim of the LCDCs is to develop, co-ordinate and implement a coherent and integrated approach to local community development.

LSP – Local Sports Partnership

LSPs are an initiative of Sport Ireland and aim to co-ordinate and promote the development of sport at local level. The key aims of the LSPs are to increase participation in sport, and to ensure that local resources are used to best effect. The LSP initiative lies at the heart of Sport Irelands participation strategy.

NGB – National Governing Body

An organisation, recognised by Sport Ireland, that coordinates the development of a particular sport or sports through constituent clubs.

NPAP – National Physical Activity Plan

In 2016, the Government launched Ireland's first ever National Physical Activity Plan that aims to get at least half a million more Irish people taking regular exercise within ten years. The key target is to increase the number of people taking regular exercise by 1% a year over ten years by making exercise a normal part of everyday life and giving people more opportunities to be active.

National Sports Policy

The Department of Transport, Tourism and Sport National Sports Policy 2018-2027, which was launched on the 25th July 2018.

Older People

As used throughout this report, the term older people refers to those over 50 years of age.

OD&C – Organisational Development and Change Unit

The Organisational Development and Change Unit within Sport Ireland is primarily focused on providing support to the sports organisations which receive funding from Sport Ireland including National Governing Bodies and Local Sports Partnerships.

OCB – Organisational Capability Building

These are the services that the OD&C Unit provide to help develop and build the 8 capability areas for client sports organisations. These 8 capability areas are: Organisational Leadership, Change Management, Risk Management, Strategic Planning, Employee Performance Management, Project Management, Corporate Governance and Stakeholder Engagement.

OT – Operation Transformation

Operation Transformation is a health and fitness television show broadcast on RTÉ. Sport Ireland has partnered with Operation Transformation since 2011 to develop a range of events to promote participation in physical activity.

SIDO – Sports Inclusion Disability Officer

SIDOs aim to provide opportunities for participation in sport and physical activity for people with a disability. See Sports Inclusion Disability Programme.

SOLAS – An tSeirbhís Oideachais Leanúnaigh Agus Scileanna

SOLAS is the national training and employment agency with responsibility for assisting those seeking employment.

Single Item Measure – M1

The Single Item Measure – M1 is an internationally validated self-report measure which allows one to track an individual's rates of participation in sport and physical activity.

SPEAK – Strategic Planning, Evaluation and Knowledge system

The SPEAK system is a product of NEXUS Research (a not-for-profit research co-operative based in Dublin) which offers organisations the capacity to self-evaluate, leading to a comprehensive understanding of the work of the organisation and the impacts of that work.

Sport Ireland

Sport Ireland brings together the Irish Sports Council, National Sports Campus Development Authority, Irish Institute of Sport and Coaching Ireland to form a new, streamlined and dynamic body to drive the future of Irish Sport. Sport Ireland is a statutory authority that aims to plan, lead and co-ordinate the sustainable development of competitive and recreational sport in Ireland.

SIDP – Sports Inclusion Disability Programme

A programme to encourage and facilitate more people with disabilities to participate in sport and physical activity, developing sustainable clubs and programmes in all settings.

Sustainability (with regard to LSP participation programmes)

Sustainable programme is one which leads to lasting participation in sport and/or physical activity which is capable of being self-maintained (without direct LSP support).

TUSLA – Child and Family Agency

On 1st January 2014 the Child and Family Agency became an independent legal entity, comprising HSE Children and Family Services, the Family Support Agency and the National Educational Welfare Board as well as incorporating some psychological services and a range of services responding to domestic, sexual and gender-based violence. The Child and Family Agency is now the dedicated State agency responsible for improving wellbeing and outcomes for children.

WIS – Women in Sport

An initiative of Sport Ireland which aims to increase participation of women in sport through provision of alternative opportunities and development of specific programme targeting women and girls.



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