



SPÓRT ÉIREANN
SPORT IRELAND



Comhairle Contae Lú
Louth County Council
S P O R T

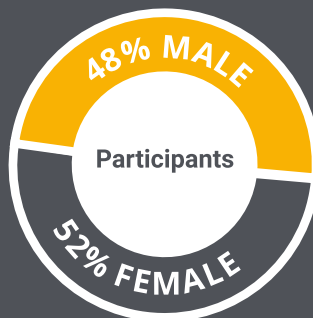


LLSP

LOUTH LOCAL SPORTS PARTNERSHIP
COMHAIRTÍOCHT SPÓIRT LÚ
— SPORT IRELAND —

2023 ANNUAL REPORT

LOUTH LOCAL SPORTS PARTNERSHIP 2023 ANNUAL REPORT



17,724

People participated in or attended over **295** locally delivered participation initiatives

350
took part in
NATIONAL PLAY DAY



66
Clubs received grant
funding through
SPORT IRELAND SMALL CLUB
GRANT SCHEME



35
Events for
BIKE WEEK



5 Sport Ireland funded staff supported by LCC Sports Unit Staff & Facilities

117 men took part in
Men on the Move

497 people trained
in Safeguarding

82 adults took part in
Inclusive Summer Camps

257 participants
upskilled under Volunteer
Support Funding

1327 youths took part in
School Basketball
Upskilling

€498,609 in funding secured for Louth

€388,662 directly from
Sport Ireland
€9,000 Sport Ireland
Women In Sport
€70,000 Dormant
Accounts Fund

€18,000 HSE Grant
€12,947 Government
Departments

Who we targeted:

- Disadvantaged Areas
- Young People
- Women & Girls
- Unemployed
- Volunteers
- Older Adults
- People with Disabilities
- Ethnic Minorities
- Men Over 35
- Clubs

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Message from Chairperson of **Louth Local Sports Partnership**

On behalf of the committee of Louth Local Sports Partnership, it gives me great pleasure and satisfaction to welcome the publication of the 2023 Louth Sports Partnership Annual Report. The considerable scope of Louth Sports Partnership in providing access for members of our community to recreational and competitive sporting activities is evident throughout the report.

The members of Louth Sports Partnership Committee are greatly appreciative of the skills and diligence of Graham Russell and the staff of LSP, who continuously and tirelessly work in developing engaging and inclusive physical activity programmes. These programmes cater for all ages, interests and fitness levels, and effectively promote lifelong love of sport and physical activity in our community.

I offer my gratitude to committee members of Louth Local Sports Partnership past and present, for their commitment to LSP and to their role in representing their individual sporting organisations. My gratitude also, to Sport Ireland and to Louth County Council for their continued support and commitment to the promotion and development of sports and physical activity within our county.

Is mise le meas,

A handwritten signature in black ink, appearing to read 'Cecilia Larkin', is positioned below the text 'Is mise le meas,'.

Chairperson

Louth Local Sports Partnership



Foreword from the Coordinator of Louth Local Sports Partnership

It gives me great pleasure to present the 2023 Annual Report for Louth Local Sports Partnership. Established in 2008, Louth LSP celebrated its 15th anniversary in 2023 and LSP Committee, Management and Staff are all extremely proud to see how far we have come in such a relatively short period of time. Our structures, with the support of Sport Ireland and Louth County Council, have ensured that Louth LSP is not just fit for purpose today, but for the next 15 years.

Throughout 2023, Louth Local Sports Partnership continued to support and develop sporting organisations and structures in Louth. We are working locally with clubs and communities with 1000's of volunteers that are the lifeblood of sport in Louth to offer opportunities for people to get active and enjoy sport in their local communities and throughout the county. People from all corners of the county, of all ages, and of all backgrounds and abilities are benefiting from the physical and mental benefits of being physically active and we will continue to be proactive in removing barriers to participation and creating more opportunities.

This annual report highlights the innovative, progressive, inclusive, and supportive work that the LSP delivered during 2023.

This Annual Report has been submitted to the Louth LSP Committee, Louth County Council Chief Executive and Sport Ireland as required under compliance with the Governance Code for Sport and the report outlines the progress of Louth LSP's work including:

- The number of people participating in Louth LSP supported initiatives
- The number of programmes and initiatives organised
- Building the capacity of local sports clubs and organisations providing opportunities for people to get physically active
- Supporting Volunteers across all sports and physical activities in the sector

We have continued to support the Sporting Community, and in particular, the volunteers as clubs, organisations and communities work tirelessly to return to normality, post COVID 19.

Louth LSP's inaugural 'Sports Club Volunteer of the Year' Awards night in November, was one of the highlights of our year. Over 250 people attended the event and over 100 volunteers were acknowledged and received awards from the Minister for Sport & Physical Education, on an inspirational night that truly brought Volunteerism to the fore.

I would like to take this opportunity to thank the staff in the Sports Unit of Louth County Council, both LSP staff and staff working in the sports facilities, for their enthusiasm, innovation and adaptability that continues to expand range and number of opportunities available for the citizens of all ages, abilities, and backgrounds in Louth, to get and stay physically active.

I would also like to acknowledge and sincerely thank all the LSP Committee, our partner agencies, organisations, schools, and clubs who contributed to the continued development and accessibility of sport and physical activity opportunities at a local community level. These individuals and organisations play a vital role in connecting people and communities and creating opportunities that make Louth a great place to live.



Head of Sport
Louth LSP & Louth County Council



Section 1

Background, Funding and Resources

1



1.1. Background to the LSP Network

In 2018, the Department of Transport, Tourism and Sport launched the 2018-2027 National Sports Policy. The Programme for Government has clearly set out new and ambitious objectives for sport to deliver on, most notably in the sports participation goals, which increased from 50% of adults regularly playing sport, as set out in the 2018 National Sports Policy to 60% of adults regularly playing sport by 2027. To achieve this, the policy highlights the need to tackle participation gradients by targeting groups in our society that participate significantly less than the overall average. These include people with disabilities, people from lower socio-economic backgrounds, women and girls and ethnic minority groups, such as the Traveller community.

The National Sports Policy recognises the key roles played by the Local Sports Partnerships in sports participation and how they can assist in the delivery of the participation actions set out in this Policy. The National Sports Policy has a total of 57 actions, 26 of which have significance for Local Sports Partnerships. Fundamental to delivering on the Participation Actions of the National Sports Policy is increasing the capacity of the sports sector to deliver, especially the Local Sports Partnerships (LSPs) and the smaller National Governing Bodies of Sport (NGBs).

“The LSP network plays a vital role and has been tasked, in particular, with increasing participation levels in sport and physical activity, especially among those sectors of society that are currently underrepresented in sport. Their capacity to remove barriers and ensure that opportunities for participation in sport are progressive, innovative, and fully inclusive at a local level is a unique and valuable strength.”

(National Sports Policy 2018-2027)

Louth LSP operates with the support, investment and leadership of Sport Ireland and we support Sport Ireland to realise their sports participation objectives locally. We are also guided by the National Sports Policy 2018-2027, the National Physical Activity Plan for Ireland and the Healthy Ireland Framework. We are informed locally by the relevant plans and strategies of our local partners, including Louth County Council's Local Economic and Community Plan.

1.2. LLSP Funding Sources

LLSP secured **€498,609.00** in funding in 2023 as illustrated in the table below:

Income Secured 2023



1.3. LLSP Staff & Committee

LLSP staff & overview of roles

LLSP core staff members are funded by Sport Ireland while other Local Sports Partnership personnel are funded through other sources. Along with Coordinators and Administrators, there were 29 Community Sports Development Officers (CSDOs) and 29 Sports Inclusion Disability Officers (SIDOs) supported through Sport Ireland funding within the LSP network in 2022. This increased staffing levels to a minimum of 4 positions in all 29 Local Sports Partnerships and delivered on Action 12 of the National Sports Policy which specifically relates to the following:

“In addressing the disability gradients in participation we will explore the possibility of introducing national network of Sports Inclusion Disability Officers (SIDOs) aligned to the LSP network. These SIDOs would be expected to work closely with relevant NGBs, the disability sector, leisure centre providers, the ACTIVE DISABILITY IRELAND Centre and other stakeholders in providing opportunities for people with disabilities to take part in sport”.

There were five full time members of staff in LLSP during 2023.

Coordinator – **Graham Russell** – Appointed in 2014

Administrator – **Áine McDonald** – Appointed in 2017

Senior Sports Officer – **Odhran Doherty** – Appointed in 2022

Community Sports Development Officer – **Barry Casey** – Appointed in 2018

Sports Inclusion Disability Officer – **Julie Duffy** – Appointed in 2023

Louth Sports Partnership Committee Members 2023

The Louth LSP Committee brings specific skill sets to their work within the LSP. This expertise is in the areas of finance and management, as well as public relations, governance, and human resources. All of this helps to contribute to the effective running of Louth Sports Partnership.

Name	Stakeholder Organisation
David Cranny (Chairperson)	Dundalk Institute of Technology
Finbar Gethins	Louth County Council
Tara Kearns	HSE Health Promotion
Oreena Lawless	Primary Schools
Ciaran Reid	Louth Leader Partnership
Fiona Hackett	Louth Public Participation Network
David Minto	Chamber of Commerce
Ronan Lynch	Dundalk Institute of Technology
Cllr Tom Cunningham	LCC Elected Representative
Shane Lennon	GAA
Pierce Caherty	GAA
Katie Byrne	IWA Sports
Stephen McArdle	Louth Meath Education Training Board
Sonya McEneaney	PEAI
Muireann O’Connell	Youth Sector
Paul Burke	An Garda Síochána

1.4. Sport Ireland Supports

Sport Ireland Participation Unit

Sport Ireland engage with the Local Sports Partnerships and their staff on a regular basis. Over the course of 2023, Sport Ireland met with the LSP Coordinators both virtually and in person on a regular basis. Through these meetings Sport Ireland provided updates to the LSP Coordinators on the work Sport Ireland is undertaking, and any upcoming events, deadlines, or campaigns of relevance to them. Additionally, these meetings created an environment for Coordinators to raise any issues, challenges or opportunities they may be encountering or discuss topics of relevance, both with Sport Ireland and their fellow Coordinators.

Midway through the year LSPs provide a mid-year report and at the end of each year the LSPs complete their annual report for Sport Ireland. In 2023 LSPs were requested to provide regular updates on their continued compliance to the Governance Code for Sport.



Section 2

Achievements of Louth Local Sports Partnership in 2023

2



2.1. Introduction

Louth Sports Partnership undertakes a wide range of actions and initiatives with the aim of increasing sport and physical activity participation levels in our local community. These actions are grouped into four outcome areas:



2.2. Development of Local Sports Clubs and Communities

A key focus for Louth Local Sports Partnership, and all LSPs, is that there is a sustainable level of development within the local sports structures. Louth LSP works with clubs and groups to ensure that structures are in place to enable participation for all community members in a wide range of sport or physical activity opportunities. This sustainable environment is facilitated through supporting volunteers and coaches in opportunities to enhance their skills and improve the quality of sports participation in their communities.

Funding for Clubs & Community Support

In 2023, Louth Local Sports Partnership provided a total of €51,263 in funding supports to 66 clubs, groups, organisations and schools across County Louth. The table below provides a breakdown of funding distributed locally through 2023 to support the provision of sport and physical activity in Louth.

ID	Name of Club/Group	Amount Funded	Grant Description
1	Abbey Celtic FC	€1000.00	Small Club Grant 2023
2	Ace Athletics Club	€1000.00	Small Club Grant 2023
3	Ardee and District Athletic Club	€1000.00	Small Club Grant 2023
4	Ardee Boxing Club	€1000.00	Small Club Grant 2023
5	Bay Football Club	€250.00	Small Club Grant 2023
6	Bellurgan Utd FC	€1000.00	Small Club Grant 2023
7	Blackrock Athletic Club	€750.00	Small Club Grant 2023
8	Boyne RFC	€1000.00	Small Club Grant 2023
9	Boyne Rovers FC	€750.00	Small Club Grant 2023
10	Clan na Gael GFC	€1000.00	Small Club Grant 2023
11	Cooley Camogie Club	€250.00	Small Club Grant 2023
12	Cooley Kickhams GFC	€1000.00	Small Club Grant 2023
13	Cúchulainn Gaels GAC	€500.00	Small Club Grant 2023
14	Dealgan Boxing Club	€500.00	Small Club Grant 2023
15	Drogheda & District Anglers Club	€250.00	Small Club Grant 2023
16	Drogheda Marsh Crescent FC	€500.00	Small Club Grant 2023
17	Drogheda Special Olympics Club	€1000.00	Small Club Grant 2023
18	Drogheda Water Polo Club	€500.00	Small Club Grant 2023
19	Drogheda Wheelers Cycling Club	€500.00	Small Club Grant 2023
20	Drogheda Wolves Basketball Club	€1000.00	Small Club Grant 2023
21	Dundalk Cricket Club	€1000.00	Small Club Grant 2023
22	Dundalk Gaels GFC	€1000.00	Small Club Grant 2023
23	Dundalk RFC	€1000.00	Small Club Grant 2023
24	Dundalk Young Irelands GFC	€1000.00	Small Club Grant 2023

ID	Name of Club/Group	Amount Funded	Grant Description
25	Dynamites Basketball Club	€500.00	Small Club Grant 2023
26	Faughart Rovers FC	€500.00	Small Club Grant 2023
27	Geraldines GFC	€750.00	Small Club Grant 2023
28	Glen Emmets G.F.C (All Stars)	€1000.00	Small Club Grant 2023
29	Glen Emmets GFC	€1000.00	Small Club Grant 2023
30	Glen Magic Soccer	€750.00	Small Club Grant 2023
31	Glenmore A.C.	€1000.00	Small Club Grant 2023
32	Glenmuir FC	€1000.00	Small Club Grant 2023
33	Glyde Rangers GFC	€750.00	Small Club Grant 2023
34	Hunterstown Rovers GFC	€750.00	Small Club Grant 2023
35	Irish Wheelchair Association Warriors On Wheels	€1000.00	Small Club Grant 2023
36	Knockbridge Hurling Club	€1000.00	Small Club Grant 2023
37	Lann Léire CPG	€1000.00	Small Club Grant 2023
38	Louth Mavericks AFC	€513.00	Small Club Grant 2023
39	Louth W.A.T.C.H. Club	€1000.00	Small Club Grant 2023
40	Mattock Rangers GAA	€250.00	Small Club Grant 2023
41	Moneymore Football Club	€1000.00	Small Club Grant 2023
42	Muirhevna Mor Football Club	€750.00	Small Club Grant 2023
43	Na Píarsaigh / Blackrock CLG	€1000.00	Small Club Grant 2023
44	Naomh Fionnbarra and St Annes GFG	€500.00	Small Club Grant 2023
45	Naomh Mairtin CPG	€1000.00	Small Club Grant 2023
46	Newtown Blues GFC	€1000.00	Small Club Grant 2023
47	North East Judo Academy	€500.00	Small Club Grant 2023
48	North East Runners A.C.	€500.00	Small Club Grant 2023
49	North East Thunder WBC	€1000.00	Small Club Grant 2023
50	Oliver Plunketts GAA	€1000.00	Small Club Grant 2023
51	Quay Celtic FC	€750.00	Small Club Grant 2023
52	Redeemer Athletic Club	€500.00	Small Club Grant 2023
53	Redeemer Celtic	€500.00	Small Club Grant 2023
54	Roche Emmets GFC	€750.00	Small Club Grant 2023
55	Sean O'Mahonys	€1000.00	Small Club Grant 2023
56	Shamrocks FC Dundalk	€500.00	Small Club Grant 2023
57	Square United FC	€250.00	Small Club Grant 2023
58	St. Fechin's GAA	€1000.00	Small Club Grant 2023
59	St. Fechin's GAA All Stars	€750.00	Small Club Grant 2023
60	St. Joseph's GAA	€500.00	Small Club Grant 2023
61	St. Mary's Ladies Ardee	€1000.00	Small Club Grant 2023
62	St. Mochtas GFC	€500.00	Small Club Grant 2023
63	St. Patrick's All Stars	€1000.00	Small Club Grant 2023
64	St. Kevin's GAA	€500.00	Small Club Grant 2023
65	Stabannon Parnells GFC	€1000.00	Small Club Grant 2023
66	Tredagh Boxing Academy	€500.00	Small Club Grant 2023
67	Westerns GFC	€500.00	Small Club Grant 2023

Club Development Work

Louth Local Sports Partnership support providers of sport and physical activity across the county, as well as working with sports clubs, communities and individuals to introduce new opportunities and pathways for participation in sport and physical activity within Louth.

To this end in 2023;

497

people from sport and community groups in **Louth** attended Safeguarding training provided by Louth LSP.

43

people from sport and community groups in **Louth** attended Autism in Sport training provided by Louth LSP.

63

people from sport and community groups in **Louth** completed First Aid training provided by Louth LSP.

Louth LSP plays a key role in advising clubs in the areas of planning, evaluation and in the development of governance standards and policies. This support enables clubs to create sustainable high functioning structures within their communities thus protecting the long term development of sport and physical activity within Louth.

2.3. Training & Education Workshops and Courses

Louth Local Sports Partnership provides a range of upskilling and training opportunities at local level for volunteers, coaches and administrators. The initiatives aim to successfully identify and assist targeted individuals and groups who are volunteering to provide sport and physical activity opportunities in communities in Louth and provide them with the necessary qualifications, skills and experiences to increase their capacity and confidence in providing high quality sport and physical activity opportunities within their local communities.

Overview of training and education courses delivered in 2023

The below table illustrates the breakdown of Louth Local Sports Partnerships Training and education courses for 2023:

Course	Date	Venue	Number of participants
First Aid	7 th February 2023	Online	19
First Aid	16 th May 2023	Online	16
First Aid	19 th September 2023	Online	28
Autism In Sport	22 nd February 2023	Online	28
Autism In Sport	18 th October 2023	Online	15

2.4. Delivering Sport Ireland Programmes

Safeguarding Workshops & Roles

Sport Ireland's Safeguarding Programme facilitated locally by Louth Local Sports Partnership is aimed at sports leaders and adults who are involved in the organisation of sport for children and young people. The goal of the programme is to promote awareness of best practice and legal requirements in the area of safeguarding and child protection. To advance this function, Sport Ireland offers three workshops in the area of safeguarding and child protection.



The details of these workshops are outlined below:

Safeguarding 1 Child Welfare & Protection Basic Awareness	Safeguarding 2 Club Children's Officer	Safeguarding 3 Designated Liaison Person
All Coaches, Children's Officers and Designated Liaison Persons must first complete the 3 hour Child Welfare and Protection Basic Awareness Workshop. This Workshop educates participants on the implementation of best practice and legal requirements in protecting the welfare of children involved in sport	A person appointed to the Club Children's Officer position in a club must complete Safeguarding 1 (Child Welfare & Protection Basic Awareness Workshop) and follow this with the Club Children's Officer 3 hour Workshop. This Workshop will help the Club Children's Officer to carry out the function of their role in the club and support the implementation of best practice in the area of safeguarding in the club	A person appointed to the Designated Liaison Person position in a club must have completed Safeguarding 1 (Child Welfare & Protection Basic Awareness Workshop) and should complete the Designated Liaison Person 3 hour workshop. A club may appoint the same person to both the CCO and DLP positions however best practice advises that they are kept as separate roles

Club Children's Officer

The Club Children's Officer should be child-centred in focus and have, as the primary aim, the establishment of a child-centred ethos within the club. They are the link between the children and the adults in the club. They also take responsibility for monitoring and reporting to the Club Management Committee on how club policy impacts on young people and sports leaders.

Designated Liaison Person

Every club/organisation should designate a person to be responsible for dealing with any concerns about the protection of children. The Designated Liaison Person is responsible for reporting allegations or suspicions of child abuse to TUSLA Child and Family Agency or Social Services (NI) and/or An Garda Síochána/PSNI. It is recommended that this person is a senior club person. However, if there is difficulty identifying a separate individual to take this role, the Club Children's Officer can be appointed as Designated Liaison Person once the club/organisation is clear about the responsibilities of each role. The organisation's child protection policy and procedures should include the name and contact details of the Designated Liaison Person and the responsibilities attached to the role.

Overview of Safeguarding courses delivered in 2023

In 2023, Louth Local Sports Partnership facilitated 497 Sports Leaders and Volunteers to complete Safeguarding training. The table below provides an overview of Safeguarding training facilitated by Louth LSP in 2023:

	Date of course	No. Attended	Male	Female
1	19th January 2023	17	11	6
2	2nd February 2023	17	4	13
3	16th February 2023	13	11	2
4	22nd February 2023	17	15	2
5	23rd February 2023	18	18	0
6	8th March 2023	9	1	8
7	9th March 2023	15	11	4
8	23rd March 2023	15	6	9
9	13th April 2023	13	8	5
10	20th April 2023	14	12	2
11	4th May 2023	10	7	3
12	11th May 2023	12	3	9
13	25th May 2023	16	11	5
14	2nd June 2023	9	6	3
15	8th June 2023	14	5	9
16	15th June 2023	14	5	9
17	22nd June 2023	16	9	7
18	5th July 2023	9	5	4
19	6th July 2023	16	9	7
20	27th July 2023	18	8	10
21	10th August 2023	13	4	9
22	24th August 2023	18	9	9
23	7th September 2023	14	5	9
24	21st September 2023	16	9	7
25	5th October 2023	14	4	10
26	18th October 2023	16	12	4
27	19th October 2023	14	8	6
28	20th October 2023	20	16	4
29	27th October 2023	17	14	3
30	2nd November 2023	15	5	10
31	10th November 2023	13	10	3
32	15th November 2023	17	4	13
33	16th November 2023	13	7	6
34	7th December 2023	15	10	5

497
Attendees

282
Male

215
Female

2.5. LSP Participation Initiatives

The design, delivery and evaluation of targeted programmes by Louth LSP directly increases the level of local participation particularly amongst the harder to reach social groups. Through their local expertise and connections within the sports infrastructure, Louth LSP is able to identify specific needs and plan accordingly. In 2023, Louth LSP maintained its delivery of an innovative range of participation programmes and opportunities.



2.5.1. LLSP Participation Initiative Highlights 2023

The following section presents the highlights across a variety of types of initiatives facilitated by Louth Local Sports Partnership in 2023. We delivered programmes, training courses and initiatives during the year with 17,724 participants taking part, 52% of which were female and 48% male.

Sport Inclusion Disability Programmes

Louth Local Sports Partnership's Sport Inclusion Disability Programmes seek to address the imbalance in opportunities for people with a disability to participate in Sport & Physical Activity. A core element of the SIDP is to work in partnership with sports clubs, community groups, facilities, NGBs, schools and service providers and people with disabilities to develop new and support on-going and sustainable active participation in local activities.

The table below summarises the SIDP Participation Initiatives facilitated by Louth LSP in partnership with local clubs, organisations and the NGBs in 2023.

Initiative	Activity Type	No. of Participants
GAA All Stars	GAA	162
Football for All	Football	45
Disability Inclusion Training	Coach Education	139
Disability Learn to Swim	Swimming	51
Louth Sportability Day	Multi-Sport	62
Inclusive Learn 2 Cycle	Cycling	18

LOUTH ALL STARS GAA FOR ALL

Louth Local Sports Partnership in partnership with Louth GAA continued to work with local GAA clubs, has developed several All-Star GAA for All programmes to support children with disabilities to participate in Gaelic Games within the mainstream club environment. A total of ten clubs have now developed their programmes namely.

Cooley Kickhams
Naomh Mairtin
Stabannon Parnells
Oliver Plunketts
Roche Emmets
St Brides
O'Raghallaighs
St Fechin's
Glen Emmets
St Patricks



All coaches and volunteers were trained as appropriate in Safeguarding, First Aid, and Disability Awareness. All clubs were provided with sports equipment, information booklets and training bibs to support the delivery of their programmes during 2023.

A total of 162 children with a disability took part in the programmes delivered by the ten clubs in 2023.



LOUTH
ALL-STAR
GAA FOR ALL



DAILY MILE LÚ

Louth LSP was delighted to launch the Daily Mile Lú activity resource in September 2023. The resource was provided to every classroom in all 74 primary schools in the county in both the Irish and English language.

Daily Mile Lú encourages children to be active during the school day supported by their teachers and parents. The children are encouraged to take part in 15 minutes of exercise every day by simply jogging, running, walking, pushing or by simply just moving, they then record their activity on their Daily Mile Lú wall chart in their classroom and track their progress.

LOUTH SPORTABILITY DAY

Louth Local Sports Partnership was delighted to celebrate International Day for persons with a disability by hosting a Sportability event on Sunday December 3rd, 2023, in Dundalk Sports Centre to showcase the wide range of accessible sport and physical activity opportunities for persons with a disability in Louth.

The event provided attendees with an opportunity to experience a range of activities provided by local clubs such as GAA, Football, Boccia, Dance, Yoga, Wheelchair Basketball and many more.

Information stands were also part of the event with organisations such as IWA Sport, Active Disability Ireland, Vision Sports Ireland and Special Olympics Ireland in attendance to provide information on their activities.



INCLUSIVE LEARN TO CYCLE PROGRAMMES

Louth LSP was delighted to facilitate two inclusive learn to cycle programmes in Carlingford and Dundalk for children with intellectual disabilities aged 6-12 years old. The aim of the programme was to support the children to learn the basic skills of cycling to enable the children to eventually cycle independently and safely. We also encouraged parents and family members to get involved in the programme, which for some parents provided them with an opportunity to cycle alongside their child for the first time.

PHYSICAL ACTIVITY EQUIPMENT PACK FOR NATIONAL LEARNING NETWORK

Louth LSP was delighted to provide a physical activity equipment pack to The National Learning Network in Wilton House Dundalk to support them to provide regular physical activity opportunities to the service users.

The pack contained equipment and resources that both staff and service users can utilise to develop their own daily and weekly activity programmes.



BIKE WEEK 2023

Bike Week 2023 which took place from May 13th – 21st was a huge success in Louth with 35 events taking place during the week across the county engaging with over 900 participants in a range of different cycling opportunities and workshops.

Bike Week Louth is an integral part of the overall National Bike Week initiative and is coordinated locally by a multi-agency group comprised of Louth Local Sports Partnership and Louth County Council.

Each year, Bike Week Louth is supported by numerous community groups, organisations, clubs, schools, workplaces and disability services that organise and take part in events throughout the week.



NATIONAL PLAY DAY 2023

Louth LSP in partnership with St Nicolas GFC in Drogheda hosted a successful event on Saturday July 8th 2023, to celebrate National Play Day. The aim of National Play Day is to promote play opportunities for children and young people across the country.

The theme for 2023 was Wonder and Discovery. This theme was chosen to represent the wonder and discovery that unfolds when children play outside. Ensuring children have access to outdoor play means they will have opportunities to develop their imagination and physical abilities. Playing in nature also presents opportunities for exploration and adventure.

350 children attended the event alongside their parents, guardians, and siblings.



HER OUTDOORS WEEK 2023

Louth Local Sports Partnership in collaboration with stakeholders and partners across the county delivered a hugely successful programme of opportunities for females of all ages and abilities to enjoy Physical Activity and Sport in the outdoors as part of Sport Ireland's HER Outdoors week from August 14th – 20th 2023.

525 women and girls participated in a wide range of outdoor activities in the county during the week, the activities included Archery, Open Water Swimming, Equestrian, Orienteering, Kayaking, Stand Up Paddle Boarding, Yoga, Pilates, Nordic Walking and River Rowing.

HER Outdoors week aims to celebrate and encourage more females to get out and enjoy the benefits of being in the outdoors while bringing visibility to the opportunities for females to get involved in outdoor activities in their local area.



LOUTH LSP PRIMARY SCHOOLS BASKETBALL PROGRAMME

Louth LSP in partnership with Drogheda Wolves Basketball Club completed a Primary Schools Basketball programme in seven schools within the Drogheda area. The children in each participated in weekly basketball coaching sessions as part of their physical education and active school provisions.



The aim of the programme is to provide opportunities for the pupils in the schools to engage in coached basketball sessions within school and to create a link between the schools and Drogheda Wolves Basketball Club to ensure an accessible pathway for the children to sustain their participation within the sport.

Over 11,327 children participated in the programme during 2023, with many experiencing basketball for the first time.

WOMEN'S LAP OF LOUTH

The Women's Lap of Louth Cycling Sportive took place on Sunday August 20th as part of HER Outdoors week 2023, supported by Louth LSP and delivered by Cuchulainn Cycling Club.

275 female cyclists took part in the event which involved an option to cycle either a 50km or 90km route across the county starting in DkIT Sport Dundalk. For many of the participants it was their first time to take part in a cycling event.

LOUTH LOCAL SPORTS PARTNERSHIP NOMINATED FOR SPORTS PARTNERSHIP OF THE YEAR

Louth Local Sports Partnership was one of five Local Sports Partnerships across the country who have been nominated as 'Local Sports Partnership of the year' in the Federation of Irish Sport Industry Awards in 2023. This award is to celebrate and shine a light on the tremendous work being done by the national network of 29 Local Sports Partnerships. It recognises the Local Sports Partnership that has shown the most initiative in promoting sport and physical activity and/or community engagement.

OLDER ADULTS PALS WORKSHOPS

Louth LSP successfully delivered a 12-week Physical Activity Leaders (PALs) programme in Termonfeckin in partnership with Age & Opportunity and Termonfeckin Community Centre.

The programme which finished at the end of January is an initiative which trains older people how to lead sport and activity sessions in their local groups and communities.

The leaders supported by Louth LSP will now develop a range of physical activity sessions for older adults within communities across Louth.



WOMEN'S SOCIAL BASKETBALL & FOOTBALL PROGRAMMES

Louth LSP continue to deliver two very successful social sports programmes for women in Football and Basketball, with over 45 women taking part in the programmes on a weekly basis in Drogheda, Dundalk, and Philipstown.

The aim of these programmes is to provide regular team-based sporting activities to women aged 18 years and older who are not currently playing competitive sport. The sessions are non-competitive, and fun based with a focus on enjoyment and socialising.

ACTIVATOR WALKING PROGRAMMES WITH LOUTH LIBRARIES

Louth Local Sports Partnership was delighted to launch two new Activator Pole walking programmes in partnership with Dundalk & Drogheda Libraries in 2023 to promote physical activity.

Activator Poles were designed by Canadian therapists and are particularly suitable for people with balance concerns or mobility issues or those with low fitness levels who want an introduction to physical activity.

Using the poles is becoming an increasingly popular way of walking that has many benefits, such as:

- improved stability
- reduced impact on hips/knees
- development of core strength
- improved posture

The programme has been hugely successful with over 30 library members using the pole rental scheme in the library to go for regular walks in St. Helena's Park, Dundalk and St. Dominic's Park in Drogheda.

MEN ON THE MOVE

Louth Local Sports Partnership successfully delivered four Men on the Move programmes in 2023 with over 100 men aged 35 and older taking part.

Men on the Move is a wellness programme with a primary focus on physical activity. The purpose of the programme is to use Physical Activity as a 'hook' to engage men in their health with a view to improving their overall health and wellbeing.

It consists of structured group exercise twice a week, two facilitated experiential workshops, a twenty-four-page health information booklet, a pedometer for independent sessions, weekly phone contact, a customised wallet card to record measures taken and a 5km celebration event at the end. This programme was delivered in four locations in Louth in 2023: Cooley, Dundalk, Drogheda and Tallanstown.

TrY SPORTS LEADERSHIP PROGRAMME

Louth LSP launched its new TrY Sports leadership programme in January 2023. The programme aimed at Transition Year students in Secondary Schools in Louth. The workshop encourages the students to explore their leadership skills through Sport & Physical Activity and discover more about the critical skills and behaviours of leaders.

The workshop led by Louth LSP Tutors is a mix of theory, group work and a practical session that will create an enjoyable and valuable learning experience for TY students.

Students are given an opportunity to lead a short activity session to their peers in the practical element of the workshop. Upon completion, all students will receive a Louth LSP branded TrY Sports Leadership certificate of completion.

In 2023, Louth LSP delivered this programme successfully in 7 secondary schools in the county, with approximately 250 students participating.



LEVEL 1 SPORT LEADER AWARDS

Louth LSP successfully delivered four Level 1 Sport Leader Awards in 2023 in Drogheda, Dundalk, & Dunleer with over 100 teenagers aged 13-17 years old from a variety of sports clubs in the county attending and receiving their qualification in Sports Leadership.

The sport leader programme is designed to develop leadership skills and confidence of teenagers within Louth who will be future leaders and coaches within their sports clubs and groups in Louth.



The teenagers upon completion of the programme receive a Sport Ireland recognised Level 1 Qualification in Sports Leadership.



ARDEE POP UP POOL

Louth LSP supported the programming and promotion of Swim Ireland's Pop-Up Swimming Pool, which was in place in Ash Walk, Ardee from January to March 2023. The pool provided residents in Mid Louth with an opportunity to participate in swimming in their local area. The pool was particularly suitable for children's swimming lessons and for people with disabilities and older adults with mobility challenges.

Louth LSP facilitated several programmes for older adults, people with disabilities and teenage girls during the 12-week period while the pool was in Ardee.



HER MOVES INITIATIVES

Louth LSP supported teenage girls to get active in Sport and Physical Activity in 2023 through the Sport Ireland 'Her Moves' campaign.

Her Moves is designed to inspire and support more teenage girls to be active by empowering them and providing motivation to find something that moves them.

Louth LSP worked with Drogheda Wolves Basketball Club to establish a 'Sister Club' to provide a non-competitive opportunity for the girls to play Basketball within the club. The programme was a huge success with 16 girls playing on a weekly basis within the club many of whom are playing Basketball for the first time.

COMMUNITY WALKING PROGRAMMES

Louth LSP continued to support our 14 Community Walking groups throughout 2023. These groups meet on a weekly basis in local communities through Louth to take part in social walking led by Walk Leaders from within the community who completed Walk Leader training with Get Ireland Walking.

We also supported Connect Family Resource Centre in Drogheda to establish their walking group. This group continues to meet weekly for walks in the Moneymore area of Drogheda.



2.6. Building and Sustaining Partnerships

Information Provision

Louth Local Sports Partnership acts as an information hub and point of contact within our local community. Louth LSP works to share information, as well as direct, signpost and refer their target groups to the most appropriate next step, whether that is a link to a sports club, a community-based organisation, or a volunteering opportunity. Louth LSP collects ongoing information on the nature and extent of their work to provide information to our communities and profile our activities and programmes. The following section presents an overview of the range of communication platforms that Louth LSP uses, both via traditional and social media outlets.

Summary of Louth LSP Promotion 2023

Facebook: Number of posts in 2023	450
Facebook: Number of Followers	3,248
Twitter: Number of tweets in 2023	550
Twitter: Number of Followers	10,800
Instagram: Number of posts in 2023	411
Instagram: Number of Followers	411

Media Interaction

Number of press releases issued:	10
Number of articles in local press:	15
Number of local radio interviews:	5

Website

LSP Website:	Number of visits	92,198
LSP Website:	Number of resource downloads	18

Louth LSP developed specific resources to highlight and promote a wide range of activities and opportunities available locally. This was in the form of booklets, posters, leaflets and newsletters. Louth LSP also maintains active databases of local organisations and groups as well as email contact lists.

Summary of Louth LSP Information Production 2023

Information Leaflets & Booklets

Names of physical booklets or information leaflets produced by LSP



2.7. Networking, Advocacy and Awareness Raising

Local networks and committees bring together sports clubs, statutory and non-statutory agencies, volunteers and other working partners and provide opportunities for partnership endeavours that influence and resource sport and physical activity at county and national level. These networking and awareness raising actions allow for an increase in the reach of the CSP, as well as profiling their ongoing work. They are also a sounding board for advice and recommendations as to what the LSP can do to assist sports clubs and partners.

List of Communities & Boards with LLSP representation in 2023



2.8. Partnership Engagement

Louth LSP aims to lead and coordinate sport and physical activity opportunities locally. Developing partnerships with other organisations to promote physical activity and sport within Louth is also key to our work. To this end Louth LSP engaged with over 50 local, regional, national and international organisations in 2023.



Section 3

Programme Case Study

3



Programme Name: Louth Sports Club Volunteer of the Year Awards

Project Description

Louth Local Sports Partnership was delighted to organise and host the first ever Louth 'Sports Club' Volunteer of the Year Awards in November 2023, to recognise and honour the huge community of volunteers across the county who give their time and skills to provide sport and physical activity opportunities countywide. The value of volunteering in sport within Ireland is huge and Louth Local Sports Partnership felt that it was really important that the people who make sport and physical activity happen in our county receive the recognition they deserved and we were delighted to provide a platform for volunteers in clubs right across Louth to be honoured through our awards.

Key Outcomes

1

102 Sports club volunteers in Louth were honoured and recognised for their contribution to sport and physical activity in their community.

2

The event had a huge impact on increasing the visibility of Louth LSP with sports clubs and local communities in the county and through digital and print media platforms.

3

The event was attended by Minister for Sport & Physical Education Thomas Byrne TD, local councillors, Sport Ireland representatives, and local sports clubs thus providing us with an opportunity to showcase the work and impact of Louth LSP to a wide network of stakeholders.





I was one of the many lucky recipients of a Volunteer Award for Ardee Rugby Club. Although no reward is ever wanted for being a Volunteer, it is truly wonderful to be recognised by a Sports Club for the hours put in. Your event was so well organised, from the welcome at the door, the lovely reception buffet and the beautiful Award given. You should be very proud on such a successful evening.

**Volunteer from
Ardee Rugby Club**

Next Steps

1

The awards will become an annual event in our calendar, which we hope will grow to recognise volunteers from all 160 sports clubs in Louth each year.

2

Our awards event will be strategically placed in our calendar to coincide with the launch of the Federation of Irish Sport 'Volunteer in Sport' Awards, and act as a local pathway for the national awards.

3

We will continue to advocate for and support volunteers in our local sports clubs through small club grant funding, volunteer support funding and our suite of training and education opportunities.

Key Learnings

The key learning from this initiative was that it is crucially important that we can provide a platform locally to recognise the invaluable contribution of volunteers to the promotion of sport and physical activity in Louth. All local sports partnerships collaborate and rely upon the remarkable dedication of volunteers to create opportunities within local communities to participate in sport and physical activity and we learned that it is highly valued by the volunteers themselves and their clubs that they are provided with a platform to celebrate their vital contribution within their club.







Section 4

Next Steps for Louth Local Sports Partnership

4



4.1. Looking forward to 2024

Louth Local Sports Partnership has placed itself at the forefront of the journey towards lifelong and inclusive sport for all and continues to be a lead advocate for those currently underrepresented in sport in Co. Louth. The 2023 Louth Local Sports Partnership Annual Report highlights the variety of programmes and opportunities offered by Louth Local Sports Partnership across the county and demonstrate that there are participation opportunities available for everyone.

On behalf of Louth Local Sports Partnership, we extend our thanks to all those agencies, groups and individuals who have contributed to this report, and to all the staff, tutors and volunteers who were involved in the delivery of sport and physical activity through Louth Local Sports Partnership in 2023. The following section highlights our key areas of work for 2024.

Sport Inclusion Disability Officers

In 2024, Sport Ireland will invest €1,000,858 to continue supporting the full network of 29 Sport Inclusion Disability Officers (SIDOs). The aim of the Sports Inclusion Disability Programme is to encourage and facilitate more people with disabilities to participate in sport and physical activity and develop sustainable clubs and programmes in all settings. The SIDOs work in a coordinating capacity with all relevant stakeholders to increase and sustain participation opportunities for people with disabilities.

Community Sport Development Officers

Sport Ireland will invest €1,015,000 in the LSP network for the employment of Community Sport Development Officers (CSDOs), which will ensure funding support to all 29 LSPs for employment of a CSDO. CSDOs are tasked with activating local communities through a variety of means including the coordination of targeted programmes and training initiatives for clubs and communities. CSDOs are also tasked with increasing the reach of LSPs to ethnic minorities and teenagers. The CSDOs will also support the objectives of the National Physical Activity Plan action to 'Strengthen and enhance the capacity of the LSPs to further develop locally led plans and more long-term sustainable physical activity programmes.'

Additional LSP Officers

In 2024, Sport Ireland will invest €1,191,729 to maintain roles across the 29 LSPs which focus on specific local needs of an LSP. The officers cover the following priority areas; Governance and Finance, Community and Club Development, Ethnic Diversity, Outdoor Sport Development, Promotion and Building Awareness, Women in Sport and Administration support.

Programme Managers

Sport Ireland continues to support the growth of the LSPs by funding a new middle management structure within the LSPs in the form of a Programme Manager role. €1,081,540 has been invested in the role out of this new position across the LSP network. This role will focus on supporting the management function, the development of the community and club initiatives as well as the coordination of the programmes in the LSP. This new role will bring the minimum number of staff in every LSP to 6 people, further facilitating the ability of the LSP to build and maintain a consistency of opportunities in every county in Ireland.

Communications and Awareness

Increased visibility and awareness of the Local Sports Partnership network will increase recruitment of volunteers, local investment and most importantly reach to the most challenging target groups. In order to deliver on Actions 6, 7 and 9 of the National Sports Policy, Local Sports Partnerships must be resourced *“to promote the broadest possible participation ensuring quality and accessibility for all groups”*. When LSPs were asked where their biggest challenges were, almost all LSPs responded with the difficulties in building awareness of opportunities. This challenge was most apparent in promoting to inactive people and hard to reach target groups such people from socio-economic disadvantage, ethnic minorities and people with a disability. To support promotional work and deliver on national campaigns locally, Sport Ireland has continued to increase investment in communications and awareness across the 29 LSPs in 2024. Furthermore, Sport Ireland has allocated funding to employ a National Local Sports Partnerships Communications Officer and two Regional Communications Officers across the network. These positions will allow the Local Sports Partnership network to deliver on the communications priorities identified in the Participation Plan *“to develop and invest in an evidence informed participation communications plan and campaign to promote sports participation”*.

Programmes and Development

In 2024, it is proposed to maintain the level of funding to support with LSP operating costs and programme funding of €2,075,339. By investing in the development and implementation of targeted programmes and leveraging the support provided to clubs to encourage them to engage with underrepresented groups, this funding will support the delivery of Actions 5, 6, 9, 14 and 28 of the National Sports Policy.

Women in Sport

Additional support for Women in Sport is referenced in the National Sports Policy, specifically referring to the high-level goal of increasing participation through the “elimination of active sport participation gradient between men and women”. The Women in Sport allocation to the Local Sports Partnerships in 2024 will be €277,000. The LSPs will work with the Sport Ireland Women in Sport lead and will focus specific initiatives on female target groups including women in disadvantaged communities, women with a disability, older woman, women from ethnic minorities and teenage girls. The LSPs will also explore ways of increasing female social participation in sport through club membership and volunteerism.

Local Sports Plans

Action 8 of the National Sports Policy has tasked Sport Ireland with supporting Local Authorities in developing Local Sports Plans consistent with the overall vision and objectives of the National Sports Policy. Sport Ireland continue to engage with the County and City Managers Association (CCMA) Economic, Enterprise, Community and Culture Committee to discuss the development of Local Sports Plans. Throughout this engagement Sport Ireland will have also discussed the recruitment and employment of LSP staff, LSP governance code compliance in a Local Authority context and Sport Ireland funding strategies for the Local Authority based LSPs. Sport Ireland has allocated budget in the 2024 participation unit budget to assist LSPs and Local Authorities in the development of Local Sports Plans.

Appendices

Appendix A

List of LSPs

Local Sports Partnership Network	Year Established
Tipperary Sports Partnership	2001
Sligo Sport & Recreation Partnership	2001
Roscommon Sports Partnership	2001
Clare Sports Partnership	2001
Active Donegal	2001
Kildare Sports Partnership	2001
Laois Sports Partnership	2001
Fingal Sports Partnership	2001
Cork Sports Partnership	2002
Meath Sports Partnership	2002
Waterford Sports Partnership	2002
Kerry Recreation & Sports Partnership	2004
Kilkenny Recreation & Sports Partnership	2004
Mayo Sports Partnership	2004
Westmeath Sports Partnership	2004
Carlow Sports Partnership	2006
Offaly Sports Partnership	2006
Monaghan Sports Partnership	2006
Limerick Sports Partnership	2007
Galway Sports Partnership	2007
Cavan Sports Partnership	2008
Louth Sports Partnership	2008
Dún Laoghaire Rathdown Sports Partnership	2008
South Dublin County Sports Partnership	2008
Sports Active Wexford	2008
Longford Sports Partnership	2008
Leitrim Sports Partnership	2008
Dublin City Sports & Wellbeing Partnership	2008
Wicklow Sports Partnership	2008

Appendix B

Glossary of Terms

Active Disability Ireland

Active Disability Ireland is a national organisation which provides a collaborative and partnership platform throughout Ireland to impact on enhancing sport and physical activity opportunities for people with disabilities.

Club Children's Officer

The Club Children's Officer is a volunteer role within a sports club. S/he are the link between the children and the adults in the club. S/he take responsibility for monitoring and reporting to the Club Management Committee on how club policy impacts on young people and Sports Leaders. The Club Children's Officer should be a member of or have access to the Club Management Committee and should be introduced to the young people in an appropriate forum.

CSDO – Community Sports Development Officer

The aim of the Community Sports Development Officer is to strengthen and enhance the capacity of the Local Sports Partnerships to further develop locally led plans and more long term sustainable physical activity programmes under the National Physical Activity Plan.

CSPAH – Community Sports and Physical Activity Hubs

The objective of the Dormant Accounts Funded CSPAHs is to bring local people together and provide a home for local clubs and sports organisations. The Hubs provide information, support and advice on a wide range of sports and physical activities to make it easier for people in disadvantaged areas to get involved in and engaged in a more active and healthier lifestyle.

CYPSC – Children and Young Peoples Services Committees

CYPSC are county-level committees that bring together the main statutory, community and voluntary providers of services to children and young people. They provide a forum for joint planning and co-ordination of activity to ensure that children, young people and their families receive improved and accessible services. Their role is to enhance interagency co-operation and to realise the national outcomes set out in Better Outcomes, Brighter Futures: the national policy framework for children and young people 2014-2020.

Department of Transport, Tourism & Sport

The Department of Transport, Tourism and Sport was established in 2011. It has a key role in delivering highly critical aspects of Ireland's economic activity including further development of our transport infrastructure and services and the support and enhancement of our significant tourism and sports sectors.

Designated Liaison Person

The Designated Liaison Person is a volunteer role within a sports club. The Designated Liaison Person is responsible for ensuring that the standard reporting procedure is followed, so that suspected cases of child neglect or abuse are referred promptly to the designated person in TUSLA Child and Family Agency or in the event of an emergency and the unavailability of TUSLA, to An Garda Síochána.

DAF – Dormant Accounts Fund

The Dormant Accounts Fund is the responsibility of the Minister for the Department of Rural and Community Development. Sport Ireland receives Dormant Accounts Funding through the Department of Tourism, Culture, Arts, Gaeltacht, Sport and Media to support sport and physical activity initiative to assist in the personal and social development of persons who are economically or socially disadvantaged, the educational development of persons who are educationally disadvantaged or persons with a disability.

ETBs – Education and Training Boards

ETBs are statutory education authorities that have responsibility for education and training, youth work and range of other statutory functions. ETBs manage and operate second-level schools, further education colleges, pilot community national schools and a range of adult and further education centres delivering education and training programmes.

Evaluation

Evaluation is the systematic assessment of the design, implementation, outputs and outcomes of an initiative for the purposes of learning, and to inform future decision-making.

Fitzpatrick & Associates Review of LSPs

The Fitzpatrick & Associates Review of LSPs is a report published by the Department of Arts, Sports and Tourism in 2005. The report evaluates the progress of the LSPs with reference to the key aims and objectives, and makes a number of recommendations for the LSP initiative.

GIW – Get Ireland Walking

The Get Ireland Walking programme is a Sport Ireland initiative that aims to maximise the number of people participating in walking, for health, wellbeing and fitness, throughout Ireland.

HI – Healthy Ireland

Healthy Ireland, A Framework for Improved Health and Wellbeing is the national framework for whole of Government and whole of society action to improve the health and wellbeing of people living in Ireland. It sets out four central goals and outlines actions under six thematic areas, in which society can participate to achieve these goals. The Framework identifies a number of broad inter-sectoral actions, one of which commits to the development of a plan to promote increased physical activity levels.

HSE – Health Service Executive

The HSE is the statutory authority responsible for providing Health and Personal Social Services for those living in the Republic of Ireland.

IPPEA – Irish Primary PE Education

The IPPEA is an association dedicated to heightening awareness of PE issues in primary schools and it aims to promote physical activity in an educational context.

LCDC – Local Community Development Committees

Under Section 36 of the Local Government Reform Act 2014, each local authority must establish a Local Community Development Committee. The aim of the LCDCs is to develop, co-ordinate and implement a coherent and integrated approach to local community development.

LSP – Local Sports Partnership

LSPs are an initiative of Sport Ireland and aim to co-ordinate and promote the development of sport at local level. The key aims of the LSPs are to increase participation in sport, and to ensure that local resources are used to best effect. The LSP initiative lies at the heart of Sport Ireland's participation strategy.

NGB – National Governing Body

An organisation, recognised by Sport Ireland, that coordinates the development of a particular sport or sports through constituent clubs.

NGO - Non-Governmental Organisation

Term used to describe other recognised Sport Ireland funded bodies which do not fall under the terms of National Governing Bodies of Sport or Local Sports Partnerships.

Examples include Age & Opportunity and Ireland Active.

NPAP – National Physical Activity Plan

In 2016, the Government launched Ireland's first ever National Physical Activity Plan that aims to get at least half a million more Irish people taking regular exercise within ten years. The key target is to increase the number of people taking regular exercise by 1% a year over ten years by making exercise a normal part of everyday life and giving people more opportunities to be active.

National Sports Policy

The Department of Transport, Tourism and Sport National Sports Policy 2018-2027, which was launched on the 25th July 2018.

Older People

As used throughout this report, the term older people refers to those over 50 years of age.

OD&C – Organisational Development and Change Unit

The Organisational Development and Change Unit within Sport Ireland is primarily focused on providing support to the sports organisations which receive funding from Sport Ireland including National Governing Bodies and Local Sports Partnerships.

OCB – Organisational Capability Building

These are the services that the OD&C Unit provide to help develop and build the 8 capability areas for client sports organisations. These 8 capability areas are: Organisational Leadership, Change Management, Risk Management, Strategic Planning, Employee Performance Management, Project Management, Corporate Governance and Stakeholder Engagement.

SIDO – Sports Inclusion Disability Officer

SIDOs aim to provide opportunities for participation in sport and physical activity for people with a disability. See Sports Inclusion Disability Programme.

SOLAS – An tSeirbhís Oideachais Leanúnaigh agus Scileanna

SOLAS is the national training and employment agency with responsibility for assisting those seeking employment.

Single Item Measure – M1

The Single Item Measure – M1 is an internationally validated self-report measure which allows one to track an individual's rates of participation in sport and physical activity.

SPEAK – Strategic Planning, Evaluation and Knowledge system

The SPEAK system is a product of NEXUS Research (a not-for-profit research co-operative based in Dublin) which offers organisations the capacity to self-evaluate, leading to a comprehensive understanding of the work of the organisation and the impacts of that work.

Sport Ireland

Sport Ireland brings together the Irish Sports Council, National Sports Campus Development Authority, Irish Institute of Sport and Coaching Ireland to form a new, streamlined and dynamic body to drive the future of Irish Sport. Sport Ireland is a statutory authority that aims to plan, lead and co-ordinate the sustainable development of competitive and recreational sport in Ireland.

SIDP – Sports Inclusion Disability Programme

A programme to encourage and facilitate more people with disabilities to participate in sport and physical activity, developing sustainable clubs and programmes in all settings.

Sustainability (with regard to LSP participation programmes)

Sustainable programme is one which leads to lasting participation in sport and/or physical activity which is capable of being self-maintained (without direct LSP support).

TUSLA – Child and Family Agency

On 1st January 2014 the Child and Family Agency became an independent legal entity, comprising HSE Children and Family Services, the Family Support Agency and the National Educational Welfare Board as well as incorporating some psychological services and a range of services responding to domestic, sexual and gender-based violence. The Child and Family Agency is now the dedicated State agency responsible for improving wellbeing and outcomes for children.

WIS – Women in Sport

An initiative of Sport Ireland which aims to increase participation of women in sport through provision of alternative opportunities and development of specific programme targeting women and girls.



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SPÓRT ÉIREANN
SPORT IRELAND



Comhairle Contae **Lú**
Louth County Council
S P O R T